



ST FRANCIS
CATHOLIC HIGH SCHOOL

Learning Lab Overview

Jennifer Ferrara

Ashlee Schueber

Heather Moloney '99

Katie Dickson '96, M.A.; M.Ed.

Angie Cummings, M.Ed.

St. Francis High School



Agenda

- ❖ Welcome
- ❖ St. Francis Learning Lab
 - Troubie Preparation: Summer
 - Academic Strategies: Fall
 - Student Academic Services: Ongoing
- ❖ Important dates
- ❖ Question and answer session
- ❖ Closing



Troubie Prep: Summer

Ashlee Scheuber-Study Skills



Mrs. Ashlee Ann (Hopwood) Scheuber, Study Skills

- ★ Nickname: Scheubs
- ★ Favorite School Subject: HISTORY!
- ★ Favorite Food: Sushi, appetizers, sandwiches
- ★ Favorite Music: EVERYTHING
- ★ Favorite Book: *The Help* by Kathryn Stockett and any autobiography
- ★ Your Hobbies/Sports: I love people. I love going to football and baseball games and the BEACH. I'm a Swifty!!
- ★ Three words to describe yourself: compassionate, fair, hard-working
- ★ Fun Fact about yourself: I have 39 first cousins and I have two daughters that went/go to SF.



Study Skills Rotation

Required materials:

- 1" binder and 8 subject tabs (to be used for all three classes)
- charged chromebook.



Units of Study

- Learning styles
- Goal Setting, Obstacles to Goals, and Growth Mindset
 - Establish goals through identifying and ranking priorities in both personal and academic life.
 - Establish routines and practice skills to organize and lead a balanced life.
- Managing Stress and Procrastination
 - Identify and analyze personal roadblocks to motivations and show effort and self-discipline for overcoming those challenges
- Organization of Materials and Spaces
 - Review SF schedule, classrooms, and lockers
- Time Management, Attention, and Multitasking
- Note-taking and study habits for tests



Troubie Prep: Summer

Angela Cummings-Mathematics



Mrs. Angie Cummings, Math

- ★ 3rd year at St. Francis
- ★ 14 years teaching experience
- ★ Lived in 7 states, plus Mexico City
- ★ 2 kids: Ava (15) and Thomas (12)
- ★ Struggled as a math student



Math Rotation

Summer Goals



Increase math attitude & efficacy



Develop key skills for Algebra



Cummings' Pro - tips

- ✓ Get the calculator! (TI-84 Plus)
- ✓ Forget the grades, (mostly)
focus on the habits! (mostly).
- ✓ Trust, but verify!
- ✓ Check Shoology together (model)



Troubie Prep: Summer

Jennifer Ferrara - English



Jennifer Ferrara, English

- ★ 26 years of teaching, 10 years at St. Francis
- ★ Son (JHS 2023, Boston College 2027) and daughter in SF Class of 2025
- ★ Avid reader
- ★ Excited to meet the Class of 2028
- ★ Troubie Prep is always a highlight of the summer



English Rotation

- Summer reading selection – *Light On Snow* by Anita Shreve
- Grammar (Khan Academy)
- Literary terms
- Vocabulary
- Reading comprehension (including evaluation of skills)
 - Commonlit
- Discussion/Seminar skills
- Use of Schoology tools

Academic Strategies: Fall

Katie Dickson, M.A.; M.Ed.
Learning Support Specialist



Katie Dickson, Learning Support Specialist

- ★ Alumni, Class of 1996
- ★ This is my 3rd year at SFHS
- ★ Background in special education
- ★ Family includes a husband, Doug, two daughters, Becca (13) and Lauren (10) and a dog, Lucy (4)
- ★ Hobbies include scheduling my children's activities, driving my children to their activities, and watching my children's activities ...with an occasional walk/jog by the river or an afternoon reading good book.



Academic Strategies: Fall Course Description

- Learning and study strategies class where skills will be **explicitly taught, modeled, and applied.**
- This course offers students a **small group** working environment where they will receive frequent feedback and individualized support.
- Students will work to identify personal strengths, set measurable goals, and **identify learning strategies** that help them overcome barriers to success and maximize academic achievement.
- This course is a 5 credit, **semester-** long course that will be graded.



Academic Strategies: Unit Overview

Unit 1- Goal Setting and Organization

Unit 2- Use of Planner and Previewing Coursework

Unit 3- Active Learning and Participation

Unit 4- Understanding and Storing Information

Unit 5- Efficient and Effective Study Techniques

Unit 6- Testing Taking and Using Feedback

Unit 7- Harnessing the Science of Learning

Unit 8- Finals Preparation



Academic Strategies: Big Ideas

Organization and Workload Management

- Work Environment
- Planners
- Time management
- Chunking information & assignments
- Reinforcement of good habits
- Checklists

Name: _____
Date: _____

LEARNING LAB

CHECK IN- 1 min

- Place phone in holder/table

ORGANIZATION- 10 min

- Check Schoology for upcoming assignments and update planner
- Check Schoology for missing assignments/tests (#_...) and update planner
- List any courses below 75% _____
- Fill out/get out weekly study schedule
- Write down session goals
- Set [timer](#)

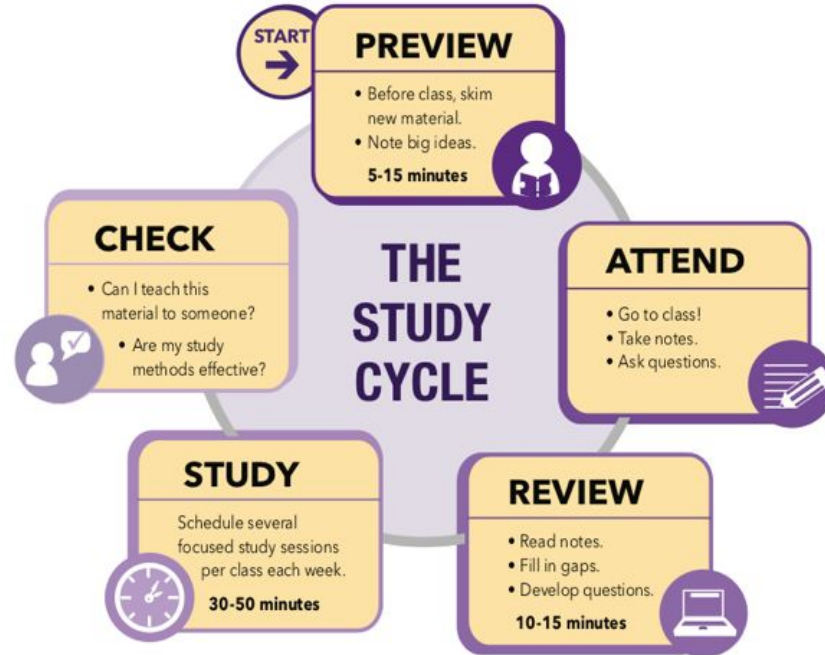
WORK SESSION GOALS (1-3 POMODOROS)

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-

Academic Strategies: Big Ideas

The Study Cycle

- Preview
- Attend
- Review
- Study
- Check



Academic Strategies: Big Ideas

The Science of Learning

- Concrete examples
- Elaboration
- Dual coding
- Retrieval practice
- Spaced practice
- Interleaving



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Student Academic Services: Ongoing

Katie Dickson, M.A.; M.Ed.
Learning Support Specialist



- *Academic Coaching*
 - Collegiate model
 - 1:1 sessions
 - Identify barriers and identify strategies to overcome them
- *Tutor Lab*
 - Peer Tutoring
 - Freeblocks
 - Sign up or drop in
- *Workshops*
 - November- Test Anxiety, Study Skills, Finals Prep
- *Elective Course: Applied Academic Strategies*
 - Semester long course
 - Supports workload management
 - Wrap around services
- *Accommodation Plan (s)*
 - Medical or learning diagnosis
 - Ongoing need for accommodations in the classroom



How can you support your future Troubie?

- Support executive functioning at home
 - ◆ Schedule Schoology checks weekly
 - ◆ Use planner and checklist
 - ◆ Help create an effective study environment
 - ◆ Help student manage family schedule
- Encourage self advocacy and communication skills with peers and teachers
- Recognize strengths and build on them
- Focus on study cycle, not letter grades



Important Information

<p>Troubie Prep Summer Course Registration</p>	<p>Freshman Welcome Night</p>	<p>Applying for Accommodation Plan</p>
<p>Open Now!</p> 	<p>March 13th</p> <p><i>*Bring Course Registration Form</i></p>	

Contact Information

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- Jennifer Ferrara, jferrara@stfrancishis.org
- Katie Dickson, kdickson@stfrancishs.org



Q&A





welcome back! it's going to be a great year!