

# **Get Involved!**

There are many opportunities for new Troubies to meet people, expand their skillsets, and get involved outside of the classroom. See the SFHS website and calendar for full details.

#### **ATHLETICS**

- gotroubies.com = the official site of St. Francis Troubadour athletics
- Purpose: To use competitive sports as the context to facilitate the physical, intellectual, and spiritual growth of our student-athletes.
- Sports offered:



FALL	WINTER	SPRING
Cross Country*	Basketball	Dive
Golf	Soccer	Lacrosse
Tennis		Softball
Volleyball		Swim*
Water Polo**		Track & Field*

- \*non-cut sport
- \*\*non-cut at JV level

#### **ARTS**

- Fall Show workshop August 15<sup>th</sup>; auditions August 20<sup>th</sup> & 21<sup>st</sup>.
- No experience necessary!
- Girls interested in technical theater should join the Techie Club and learn to build sets, run light and sound boards, staff shows, and more!



### ACADEMIC TEAMS

Students will be emailed information about tryouts, competition schedule details, and schedule of after-school meetings.

Eight teams: Academic Decathlon, Certamen, Mathletes, Mock Trial,
Model United Nations, Robotics, Science Olympiad & Speech



## **CLUBS**

- SFHS has 50+ clubs to join something for everyone!
- Club Rush is September 11th & 12th at lunch time. Representatives from all campus clubs will be there and students can join clubs that interest them.

