

Father-Daughter Spirit Day

Daughter's Name: _____

Parent/Guardian Names: _____

(Please print)

Home Phone Numbers _____

Parent Work Phone Numbers _____

Parent Cell Phone Numbers _____

Participants' will provide their own transportation to Sacramento State's Water Aquatics Center

September 19, 2015– 1pm to 4 pm

Please note any dietary restrictions: _____

The registration fee is \$75 per pair (\$35 for additional daughters); please attach a check payable to SFHS. **After registration, no refunds will be issued.**

Emergency Information/ Specific Medical Information/Conditions

In the event of an emergency, I, the undersigned parent/guardian of the child named on this form, hereby give permission to the Diocese of Sacramento, St. Francis Catholic High School, and their employees, agents, representatives, and adult volunteers, to arrange for and authorize emergency medical, dental, or surgical treatment for my child, as considered necessary by the attending physician. I wish to be advised prior to any further treatment by the hospital or doctor.

Physician Name: _____

Physician Phone: _____

Health Plan Carrier: _____

Plan # _____

Dentist Name: _____

Dentist Phone: _____

Dental Plan Carrier: _____

Plan # _____

In the event of an emergency, if you are unable to reach me at the numbers listed above, please contact:

Name: _____

Relationship: _____

Telephone # _____

Alternate # _____

Signature of Parent/Guardian

Date

My daughter is allergic to: _____

Medical Condition: _____

My daughter is currently taking the following medication(s), which she will bring on this activity, in well-labeled, original containers that include clear directions for dosage and frequency of use. I hereby give permission for an adult leader to administer the following medication(s): _____

My daughter may receive the following over the counter medications from the first aid kit if she requests it:

___ Acetaminophen 325mg (contains no aspirin) ___ Ibuprofen 200mg ___ Midol (teen formula)

___ Benadryl ___ Sudafed ___ Tums

Signature of Parent/Guardian

Date

I/we, the undersigned parents or guardians of the child participant named on this form give permission for my/our daughter's participation in the St. Francis Catholic High School activity referred to on this form, and in addition to the Health/Medical Information Consent provisions that we have agreed to above:

- I/we agree to direct my/our child to cooperate and comply with all reasonable directions and instructions from Campus Ministry staff or adult volunteer leaders.
- I/we give permission for my/our child to be transported to and or from St. Francis Catholic High School programs, events, and activities by chartered bus or in vehicles driven by adult leaders.
- I/w agree to be responsible for all medical expenses relating to injury of my/our daughter as a result of her participation in any St. Francis Catholic High School Campus Ministry activities, whether or not caused by the negligence of the school, diocesan or campus ministry program employees or agents, or volunteers or other participants.
- I/we understand that in the course of participating in St. Francis Catholic High School Campus Ministry activities, my/our child may engage in activity that carries a risk of injury to the body, psyche, or property of themselves and others. Such injuries can be cause by other persons, may be accidental or self-inflicted, or may arise from faulty equipment or facilities, existing conditions of recreational facilities, vehicle accidents while in transport during an activity, or through the activity itself.

Accordingly, in consideration for being permitted to participate in the activities of the St. Francis Catholic High School Campus Ministry programs, to use the equipment provided, and to enter the premises and facilities of the Diocese of Sacramento, for any purpose including observation of and participation in activities, the undersigned parent or guardian, for him or herself and any successors in interest, and on behalf of the minor child, agrees as follows:

- To release, waive, discharge, and promise not to sue the Roman Catholic Bishop of Sacramento, a corporation sole, and its affiliated entities, employees, agents, and volunteers (the "Diocese") from all liability for any loss or damage, and any claim or demands therefore on account of serious or mortal injury to the body, injury to psyche, or injury to property of the minor child, or to undersigned parent or guardian, whether caused by negligence or other conduct by the Diocese while the minor child, parent, or guardian is participating in the Campus Ministry activities or in, upon, or about the premises of the Diocese or any of its facilities or equipment.
- To indemnify and hold harmless the Diocese from any loss, liability, damage, or cost it may incur due to the presence of the minor child, parent, or guardian in, upon, or about the premises of the Diocese, its facilities or equipment, or while participating in any Campus Ministry activities whether caused by the negligence of the Diocese or otherwise.
- That he or she has read this Consent Form and agreement and voluntarily signs it, and that no oral representations, statements, or inducements apart from the contents of this Form have been made.

I/we have read this Agreement and understand and agree to everything set forth above.

Signature of Parent/Guardian

Date

Signature of Parent/Guardian

Date

Behavior Expectations - At a school-sponsored event, the student is expected to:

- Comply with school policies and event policies regarding dress and behavior;
- Refrain from smoking, drinking alcohol, or using drugs;
- Remain with at least two other students at all times. Never go out alone and/or unsupervised;
- Never spend time socializing with 'local' people around the hotel or within the city;
- Never bring strangers—'local' people or other event participants—to the hotel or to your room;
- Never give out vital information (such as hotel name, phone number, or room number) to anyone not connected with SFHS;
- Notify chaperones of any excursions outside of group activities;
- Be on time to all scheduled activities;
- Participate in all group activities and events;
- Be in the hotel by established curfew and remain until wake-up call. Remain in the hotel if feeling sick.

Behavior Consequences - At a school-sponsored and chaperoned trip, the chaperones will review the situation and enforce the following consequences for any breach of expected behaviors:

- Parents will be notified and apprised of the situation;
- If warranted, the parent will be required to pick up the student from the event;
- If the parent is unable to pick up the student in a timely manner, the student will be placed on room restriction for the duration of the field trip or until alternate arrangements can be made, or the student will be sent home at the parent's expense;
- Student, upon return to SFHS, will face disciplinary action;
- The student will not be allowed to participate in any future school-sponsored events.
- If the student turns in a forged permission form, or if the student attends the trip without turning in a permission form, the student will be suspended.

I have read the Behavior Expectations and I agree to abide by them as written. I understand that failure to abide by these expectations will result in consequences as listed above.

Student's Signature

Date

Signature of Parent (acknowledging the commitment)

Father-Daughter Spirit Day

Father's Name: _____

(Please print-if different from daughter's info)

Home Phone Numbers _____

Work Phone Numbers _____

Cell Phone Numbers _____

Participants' will provide their own transportation to Sacramento State Water Aquatics Center

September 19, 2015 – 1pm to 4 pm

Please note any dietary restrictions: _____

The registration fee is \$75 per pair; please attach a check payable to SFHS. Refunds **cannot be made within two weeks** of the retreat.

Emergency Information/ Specific Medical Information/Conditions

In the event of an emergency, I, the undersigned parent/guardian of the child named on this form, hereby give permission to the Diocese of Sacramento, St. Francis Catholic High School, and their employees, agents, representatives, and adult volunteers, to arrange for and authorize emergency medical, dental, or surgical treatment for my child, as considered necessary by the attending physician. I wish to be advised prior to any further treatment by the hospital or doctor.

Physician Name: _____

Physician Phone: _____

Health Plan Carrier: _____

Plan # _____

Dentist Name: _____

Dentist Phone: _____

Dental Plan Carrier: _____

Plan # _____

In the event of an emergency, if you are unable to reach me at the numbers listed above, please contact:

Name: _____

Relationship: _____

Telephone # _____

Alternate # _____

Signature of Adult Participant

Date

I am allergic to: _____

Medical Condition: _____

I am currently taking the following medication(s), which I will bring on this activity, in well-labeled, original containers that include clear directions for dosage and frequency of use. I hereby give permission for an adult leader to administer the following medication(s): _____

Signature of Adult Participant

Date

Parent Agreement/Consent

I, the undersigned named on this form give permission for my/our daughter's participation in the St. Francis Catholic High School activity referred to on this form, and in addition to the Health/Medical Information Consent provisions that we have agreed to above:

- I/we agree to direct my/our child to cooperate and comply with all reasonable directions and instructions from Campus Ministry staff or adult volunteer leaders.
- I/w agree to be responsible for all medical expenses relating to injury of me or my daughter as a result of our participation in any St. Francis Catholic High School Campus Ministry activities, whether or not caused by the negligence of the school, diocesan or campus ministry program employees or agents, or volunteers or other participants.
- I/we understand that in the course of participating in St. Francis Catholic High School Campus Ministry activities, me and my/our child may engage in activity that carries a risk of injury to the body, psyche, or property of themselves and others. Such injuries can be caused by other persons, may be accidental or self-inflicted, or may arise from faulty equipment or facilities, existing conditions of recreational facilities, vehicle accidents while in transport during an activity, or through the activity itself.

Accordingly, in consideration for being permitted to participate in the activities of the St. Francis Catholic High School Campus Ministry programs, to use the equipment provided, and to enter the premises and facilities of the Diocese of Sacramento, for any purpose including observation of and participation in activities, the undersigned parent or guardian, for him or herself and any successors in interest, and on behalf of the minor child, agrees as follows:

- To release, waive, discharge, and promise not to sue the Roman Catholic Bishop of Sacramento, a corporation sole, and its affiliated entities, employees, agents, and volunteers (the "Diocese") from all liability for any loss or damage, and any claim or demands therefore on account of serious or mortal injury to the body, injury to psyche, or injury to property of the minor child, or to undersigned parent or guardian, whether caused by negligence or other conduct by the Diocese while the minor child, parent, or guardian is participating in the Campus Ministry activities or in, upon, or about the premises of the Diocese or any of its facilities or equipment.
- To indemnify and hold harmless the Diocese from any loss, liability, damage, or cost it may incur due to the presence of the minor child, parent, or guardian in, upon, or about the premises of the Diocese, its facilities or equipment, or while participating in any Campus Ministry activities whether caused by the negligence of the Diocese or otherwise.
- That he or she has read this Consent Form and agreement and voluntarily signs it, and that no oral representations, statements, or inducements apart from the contents of this Form have been made.

I/we have read this Agreement and understand and agree to everything set forth above.

Signature of Adult Participant

Date

SACRAMENTO STATE AQUATIC CENTER

Youth Group Contract, Indemnification, Release and Waiver

ASI Sacramento State Aquatic Center includes physically and emotionally demanding activities. We want to make sure you understand the risk of injury before you decide to participate. It is required that you read the following **Legal Document**, very carefully, make sure you understand it, fill in all the spaces, and sign it before you, or your child begin our program. **No person or child will be allowed to participate without the properly filled out waiver and medical release forms.**

PLEASE READ THIS DOCUMENT CAREFULLY BEFORE SIGNING BELOW.

THIS AGREEMENT INCLUDES A RELEASE OF CLAIMS.

I am aware in signing this statement for participation in the Aquatic Center's Youth Programs that certain elements are physically and emotionally demanding. This program may include swimming, paddling, crawling, jumping, climbing, and other rigorous activities (i.e. sailing, windsurfing, canoeing, kayaking, rowing, water skiing, jet skiing, and beach volleyball) on the water or on the land. My child will be working with Aquatic Center Instructors and with others in their group. It is possible that he/she may be injured while participating in the youth program either because of their own conduct, conduct of others in the group, conduct of ASI Aquatic Center youth instructor, or the condition of the premises.

Therefore, I voluntarily elect to allow my child to participate and I affirm that he/she is free of health conditions that might create undue risk to my child or others that depend on them. My child is not under a physicians care for any undisclosed condition that bears upon his/her fitness to participate.

I agree to indemnify and hold harmless ASI Sacramento State Aquatic Center, their agents and employees from all claims, damages, losses, injuries and expenses arising out of or resulting from participation in the youth programs. I further agree to release, acquit and covenant not to sue ASI Aquatic Center, for all actions, causes of action claims or damages including but not limited to, claims of negligence by Sacramento State or 3rd party, damages in law or remedies in equity of whatever kind.

I agree to the site of any lawsuit and the law governing any such lawsuit shall be California and governed by California law. As liquidated damages, I hereby agree that if ASI Aquatic Center is forced to defend any action, lawsuit or litigation by myself, my executors, my heirs or on my families behalf, my heirs or executors and I agree to pay ASI Aquatic Center costs and attorney fees if they successfully defend such action, lawsuit or litigation. In signing this document for my minor child I agree to pay any and all cost and attorney fees incurred by Aquatic Center in the event that the Aquatic Center is forced to defend any action, lawsuit, or litigation brought by my minor child.

The terms of this agreement shall continue and be in effect after the camp is over. Should any paragraph or part of this agreement be declared unenforceable by a court of competent jurisdiction the remaining paragraphs or parts shall remain in full force and effect.

I authorize and release to ASI Aquatic Center the use for any purpose of any photographic or video recorded image of the participant listed below.

I have adequate health, disability and life insurance for myself, and my family.

I hereby give permission for transportation to any medical facility or hospital, and I authorize for any qualified instructor or medical personnel to render necessary emergency medical care for the participant listed below.

I, _____, of my own free will, for my family, my minor children, my heirs and executors and myself, have read, understand and acknowledge the risks and liability for myself and my family this _____ day(s) of _____ (month) 200__.

(Date above must be the date of the youth program or summer camp)

Participant (print name)

Guardian (print name)

Participant Signature

Date

Guardian Signature

Date

(Parent or legal guardian must sign for all persons under 18 years of age. Proof of age may be required)

Sacramento State Aquatic and Boating Safety Center

1901 Hazel Ave. Gold River CA 95670

(916) 278-2842

www.sacstateaquaticcenter.com

PHOTOGRAPHIC, VISUAL, AUDIO, AND IMAGE RELEASE

This agreement is given in consideration of my own or my child's photograph, image and or audio of said personal likeness being taken and possibly published on Internet Websites, Broadcasts, and other publications as released to or by California State University, Sacramento, herein the University, Associated Students, Inc. at Sacramento State as well as by the Sacramento State Aquatic Center.

WARNING AND ASSUMPTION OF RISK: I understand that there are inherent risks associated with publication of my own or my child's photograph, audio and image of personal likeness on the Internet, in videos and in publications. These risks may include but not be limited to identity theft and wrongful assumption by others of me or my child's identity or who I or my child is and or danger to myself or my child. I agree to assume these risks, whether known or unknown to me of permitting publication of my own or my child's photograph, image of personal likeness and or personal audio on the internet, in publications or in videos.

GRANT OF PERMISSION TO TAKE PHOTOGRAPHS, IMAGES AND PERSONAL AUDIO: I grant permission to the University, Associated Students, and Sacramento State Aquatic Center and their employees and agents to take and use photographs, and visual/audio images of myself or my child for any legal purpose. Visual/audio images include any type of recording, including but not limited to photographs, digital images, drawings, renderings, voices, sounds, video recordings, audio clips or accompanying written descriptions. I grant this with the understanding that the University, Associated Students and Sacramento State Aquatic Center will not materially alter the original images. In accordance with this grant, I also waive me and my child's rights to inspect or approve finished images or electronic matter prior to publication and waive compensation for their use.

RELEASE: On behalf of myself, my child and our heirs, I hereby waive, release and discharge any and all claims of damages for death, bodily injury, personal injury or property damage which I or my child may sustain, or which hereafter accrue to me or my child, against the Trustees of the California State University, California State University, Sacramento, Associated Students, Inc. and Sacramento State Aquatic Center as a result of my own or their own personal photograph(s), image of personal likeness or personal video/audio being published except for those liabilities, claims and costs arising from the sole active negligence of the above stated entities. This release is intended to discharge the University, its Trustees, Associated Students, Sacramento State Aquatic Center and their officers, employees, and volunteers, from and against any and all liability arising out of or connected in any way with publication of my own or my child's photograph(s), images of personal likeness, or personal video/audio, except for the related sole active negligence of these entities. It is further understood and agreed that this waiver, release and assumption of risk is entered upon behalf of my child and myself and shall be binding on my and their heirs and assigns.

ACKNOWLEDGEMENT AND AGREEMENT: I acknowledge that I have been fully informed of the risks and dangers involved in photographic publication of my own or my child's photograph, images of my/their personal likeness and video/audio. I acknowledge that I have read, agree, and fully understand the above Warning, Waiver, Assumption of Risk and Release of Liability.

NAME OF PARENT/LEGAL GUARDIAN: _____ SIGNATURE: _____ Date: _____

YOUTH GROUP RULES AND REGULATIONS

A. Offenses calling for immediate dismissal from the youth group with no refund of money include:

1. Possession of any weapon or dangerous instrument. (May include but not limited to firearms, knives, or other sharp objects)
2. Physical assaults or any act that shows substantial threat to harm or endanger the safety of others.
(NO FIGHTING OR ROUGH-HOUSING OF ANY KIND IS PERMITTED!)
3. Any substantial threat to destroy property, or use of equipment without permission from the youth group instructor.
4. Possession or consumption of alcoholic beverages or drugs.
5. Disrespectful behavior will not be tolerated!

B. Disciplinary action will be taken against students for:

1. Misbehaving, disrupting the class, or bothering fellow students.
2. Abusing and/or not taking proper care of the equipment.
3. Not listening to the instructor and not following instructions.

C. Procedures taken following dismissal:

1. The student will be escorted to the teacher/group leader and must be monitored by an adult and/or removed from the premises.

D. Procedures for disciplinary action:

1. There will be one verbal warning to the student/camper.
2. If the student continues the same behavior, they will be asked to sit out the lesson/activity.
3. The student will only be allowed back into class when they ask to return, and the problem recognized and resolved.
4. There is no specified time period the student must sit out - it is up the student and instructor.

Please have the camper sign below when he or she has read the Aquatic Center Rules and Regulations.

- Life jackets are required at all times when on the water or on the docks.
- Dock Fights and water wars or pushing other children are not allowed on the docks at any time.
- No running! Please walk for your own safety.
- Do not feed or chase the geese!
- All students must wear summer sandals (Teva Type shoe) with a heel strap. Bare feet are not permitted!
- No throwing or skipping rocks.
- Sunscreen must be applied in the morning and at lunch time.
- DRINK A LOT OF WATER! T-TEST (Tinkle Test) In an eight hour day every child must go "potty" at least four times to ensure their hydration.

Camper's Signature: _____ Parent's Signature: _____ Date: _____

Sacramento State Aquatic and Boating Safety Center

1901 Hazel Ave. Gold River CA 95670

(916) 278-2842

www.sacstateaquaticcenter.com

MEDICAL CONSENT FORM

Dear Parent/Guardian

Your son/daughter is below the legal age of consent (21 years of age). The law requires that we have your permission to give medical service should the need arise. Your signature on the consent form will authorize us to proceed with the care of the lesser types of medical problems that may occur. In the event of any major health problems, we will notify you as promptly as possible and follow your instructions. If we are unable to contact you or your alternative listed below, your child will be taken to the nearest emergency room facility.

NAME OF THE STUDENT: _____ AGE: _____
ADDRESS: _____
CITY: _____ STATE: _____ ZIP CODE: _____
DATE OF BIRTH: _____ EMAIL: _____
HOME PHONE: _____ MOBILE PHONE: _____
PARENT'S NAME: _____ WORK PHONE: _____
PARENT'S NAME: _____ WORK PHONE: _____

IN CASE OF AN EMERGENCY, PERSON TO CONTACT IF PARENTS OR GUARDIAN CAN NOT BE REACHED

NAME: _____ HOME PHONE: _____
RELATIONSHIP: _____ WORK PHONE: _____

NAME: _____ HOME PHONE: _____
RELATIONSHIP: _____ WORK PHONE: _____

NAME: _____ HOME PHONE: _____
RELATIONSHIP: _____ WORK PHONE: _____

Does your child have any severe medical problems that we should know about? (For example: asthma, allergies to drugs, heart trouble, epilepsy, diabetes, physical disability etc?) Please specify.

Should there be any limits on his or her physical activity? If so, what are they?

Has your child had any serious illness in the last three years? If yes, please explain:

Turn sheet over

(Medical Consent Form continued.)

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At the present time, is your son/daughter under a doctor's care? If yes, for what?

Is your child taking any medications or behavioral drugs at this time? _____
If yes, please explain: _____

Can we contact your doctor for medical reports? Yes No

Doctor: _____ Phone: _____ Hospital: _____

When was the last time your son or daughter had a complete physical examination?

Date: _____ Doctor: _____ Phone: _____

MEDICAL INSURANCE INFORMATION

Name of the Insurance Company: _____

Insurance Company Phone #: _____

Patient Record Number: _____

Policy Number: _____

Billing Information: _____

Please list any other information of importance.

I do hereby authorize the performance of medical examinations and necessary treatments (including test, x-rays, drugs, etc...) as may be deemed advisable or necessary by the physician in attendance. This consent shall be in effect for the period of time that my son or daughter participates in Associated Students Incorporated sponsored activities. If an emergency arises requiring a major surgical procedure, the camp director will attempt to reach me and to be guided by my wishes: but if I cannot be reached, I authorize the attending physician to act as medical judgment may dictate.

Parent's/Guardian's signature: _____

Parents Email: _____

Date of Consent: _____

Home Phone: _____ Work Phone: _____



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SACRAMENTO STATE AQUATIC CENTER

Youth Group Contract, Indemnification, Release and Waiver

ASI Sacramento State Aquatic Center includes physically and emotionally demanding activities. We want to make sure you understand the risk of injury before you decide to participate. It is required that you read the following **Legal Document**, very carefully, make sure you understand it, fill in all the spaces, and sign it before you, or your child begin our program. **No person or child will be allowed to participate without the properly filled out waiver and medical release forms.**

PLEASE READ THIS DOCUMENT CAREFULLY BEFORE SIGNING BELOW.

THIS AGREEMENT INCLUDES A RELEASE OF CLAIMS.

I am aware in signing this statement for participation in the Aquatic Center's Youth Programs that certain elements are physically and emotionally demanding. This program may include swimming, paddling, crawling, jumping, climbing, and other rigorous activities (i.e. sailing, windsurfing, canoeing, kayaking, rowing, water skiing, jet skiing, and beach volleyball) on the water or on the land. My child will be working with Aquatic Center Instructors and with others in their group. It is possible that he/she may be injured while participating in the youth program either because of their own conduct, conduct of others in the group, conduct of ASI Aquatic Center youth instructor, or the condition of the premises.

Therefore, I voluntarily elect to allow my child to participate and I affirm that he/she is free of health conditions that might create undue risk to my child or others that depend on them. My child is not under a physicians care for any undisclosed condition that bears upon his/her fitness to participate.

I agree to indemnify and hold harmless ASI Sacramento State Aquatic Center, their agents and employees from all claims, damages, losses, injuries and expenses arising out of or resulting from participation in the youth programs. I further agree to release, acquit and covenant not to sue ASI Aquatic Center, for all actions, causes of action claims or damages including but not limited to, claims of negligence by Sacramento State or 3rd party, damages in law or remedies in equity of whatever kind.

I agree to the site of any lawsuit and the law governing any such lawsuit shall be California and governed by California law. As liquidated damages, I hereby agree that if ASI Aquatic Center is forced to defend any action, lawsuit or litigation by myself, my executors, my heirs or on my families behalf, my heirs or executors and I agree to pay ASI Aquatic Center costs and attorney fees if they successfully defend such action, lawsuit or litigation. In signing this document for my minor child I agree to pay any and all cost and attorney fees incurred by Aquatic Center in the event that the Aquatic Center is forced to defend any action, lawsuit, or litigation brought by my minor child.

The terms of this agreement shall continue and be in effect after the camp is over. Should any paragraph or part of this agreement be declared unenforceable by a court of competent jurisdiction the remaining paragraphs or parts shall remain in full force and effect.

I authorize and release to ASI Aquatic Center the use for any purpose of any photographic or video recorded image of the participant listed below.

I have adequate health, disability and life insurance for myself, and my family.

I hereby give permission for transportation to any medical facility or hospital, and I authorize for any qualified instructor or medical personnel to render necessary emergency medical care for the participant listed below.

I, _____, of my own free will, for my family, my minor children, my heirs and executors and myself, have read, understand and acknowledge the risks and liability for myself and my family this _____ day(s) of _____ (month) 200__.

(Date above must be the date of the youth program or summer camp)

Participant (print name)

Guardian (print name)

Participant Signature

Date

Guardian Signature

Date

(Parent or legal guardian must sign for all persons under 18 years of age. Proof of age may be required)

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WARNING AND ASSUMPTION OF RISK: I understand that there are inherent risks associated with publication of my own or my child's photograph, audio and image of personal likeness on the Internet, in videos and in publications. These risks may include but not be limited to identity theft and wrongful assumption by others of me or my child's identity or who I or my child is and or danger to myself or my child. I agree to assume these risks, whether known or unknown to me of permitting publication of my own or my child's photograph, image of personal likeness and or personal audio on the internet, in publications or in videos.

GRANT OF PERMISSION TO TAKE PHOTOGRAPHS, IMAGES AND PERSONAL AUDIO: I grant permission to the University, Associated Students, and Sacramento State Aquatic Center and their employees and agents to take and use photographs, and visual/audio images of myself or my child for any legal purpose. Visual/audio images include any type of recording, including but not limited to photographs, digital images, drawings, renderings, voices, sounds, video recordings, audio clips or accompanying written descriptions. I grant this with the understanding that the University, Associated Students and Sacramento State Aquatic Center will not materially alter the original images. In accordance with this grant, I also waive me and my child's rights to inspect or approve finished images or electronic matter prior to publication and waive compensation for their use.

RELEASE: On behalf of myself, my child and our heirs, I hereby waive, release and discharge any and all claims of damages for death, bodily injury, personal injury or property damage which I or my child may sustain, or which hereafter accrue to me or my child, against the Trustees of the California State University, California State University, Sacramento, Associated Students, Inc. and Sacramento State Aquatic Center as a result of my own or their own personal photograph(s), image of personal likeness or personal video/audio being published except for those liabilities, claims and costs arising from the sole active negligence of the above stated entities. This release is intended to discharge the University, its Trustees, Associated Students, Sacramento State Aquatic Center and their officers, employees, and volunteers, from and against any and all liability arising out of or connected in any way with publication of my own or my child's photograph(s), images of personal likeness, or personal video/audio, except for the related sole active negligence of these entities. It is further understood and agreed that this waiver, release and assumption of risk is entered upon behalf of my child and myself and shall be binding on my and their heirs and assigns.

ACKNOWLEDGEMENT AND AGREEMENT: I acknowledge that I have been fully informed of the risks and dangers involved in photographic publication of my own or my child's photograph, images of my/their personal likeness and video/audio. I acknowledge that I have read, agree, and fully understand the above Warning, Waiver, Assumption of Risk and Release of Liability.

NAME OF PARENT/LEGAL GUARDIAN: _____ SIGNATURE: _____ Date: _____

YOUTH GROUP RULES AND REGULATIONS

A. Offenses calling for immediate dismissal from the youth group with no refund of money include:

1. Possession of any weapon or dangerous instrument. (May include but not limited to firearms, knives, or other sharp objects)
2. Physical assaults or any act that shows substantial threat to harm or endanger the safety of others.
(NO FIGHTING OR ROUGH-HOUSING OF ANY KIND IS PERMITTED!)
3. Any substantial threat to destroy property, or use of equipment without permission from the youth group instructor.
4. Possession or consumption of alcoholic beverages or drugs.
5. Disrespectful behavior will not be tolerated!

B. Disciplinary action will be taken against students for:

1. Misbehaving, disrupting the class, or bothering fellow students.
2. Abusing and/or not taking proper care of the equipment.
3. Not listening to the instructor and not following instructions.

C. Procedures taken following dismissal:

1. The student will be escorted to the teacher/group leader and must be monitored by an adult and/or removed from the premises.

D. Procedures for disciplinary action:

1. There will be one verbal warning to the student/camper.
2. If the student continues the same behavior, they will be asked to sit out the lesson/activity.
3. The student will only be allowed back into class when they ask to return, and the problem recognized and resolved.
4. There is no specified time period the student must sit out - it is up the student and instructor.

Please have the camper sign below when he or she has read the Aquatic Center Rules and Regulations.

- Life jackets are required at all times when on the water or on the docks.
- Dock Fights and water wars or pushing other children are not allowed on the docks at any time.
- No running! Please walk for your own safety.
- Do not feed or chase the geese!
- All students must wear summer sandals (Teva Type shoe) with a heel strap. Bare feet are not permitted!
- No throwing or skipping rocks.
- Sunscreen must be applied in the morning and at lunch time.
- DRINK A LOT OF WATER! T-TEST (Tinkle Test) In an eight hour day every child must go "potty" at least four times to ensure their hydration.

Camper's Signature: _____ Parent's Signature: _____ Date: _____

Sacramento State Aquatic and Boating Safety Center

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MEDICAL CONSENT FORM

Dear Parent/Guardian

Your son/daughter is below the legal age of consent (21 years of age). The law requires that we have your permission to give medical service should the need arise. Your signature on the consent form will authorize us to proceed with the care of the lesser types of medical problems that may occur. In the event of any major health problems, we will notify you as promptly as possible and follow your instructions. If we are unable to contact you or your alternative listed below, your child will be taken to the nearest emergency room facility.

NAME OF THE STUDENT: _____ AGE: _____
ADDRESS: _____
CITY: _____ STATE: _____ ZIP CODE: _____
DATE OF BIRTH: _____ EMAIL: _____
HOME PHONE: _____ MOBILE PHONE: _____
PARENT'S NAME: _____ WORK PHONE: _____
PARENT'S NAME: _____ WORK PHONE: _____

IN CASE OF AN EMERGENCY, PERSON TO CONTACT IF PARENTS OR GUARDIAN CAN NOT BE REACHED

NAME: _____ HOME PHONE: _____
RELATIONSHIP: _____ WORK PHONE: _____

NAME: _____ HOME PHONE: _____
RELATIONSHIP: _____ WORK PHONE: _____

NAME: _____ HOME PHONE: _____
RELATIONSHIP: _____ WORK PHONE: _____

Does your child have any severe medical problems that we should know about? (For example: asthma, allergies to drugs, heart trouble, epilepsy, diabetes, physical disability etc?) Please specify.

Should there be any limits on his or her physical activity? If so, what are they?

Has your child had any serious illness in the last three years? If yes, please explain:

Turn sheet over

(Medical Consent Form continued.)

Sacramento State Aquatic and Boating Safety Center

1901 Hazel Ave. Gold River CA 95670

(916) 278-2842

www.sacstateaquaticcenter.com

At the present time, is your son/daughter under a doctor's care? If yes, for what?

Is your child taking any medications or behavioral drugs at this time? _____
If yes, please explain: _____

Can we contact your doctor for medical reports? Yes No
Doctor: _____ Phone: _____ Hospital: _____

When was the last time your son or daughter had a complete physical examination?
Date: _____ Doctor: _____ Phone: _____

MEDICAL INSURANCE INFORMATION
Name of the Insurance Company: _____
Insurance Company Phone #: _____
Patient Record Number: _____
Policy Number: _____
Billing Information: _____

Please list any other information of importance.

I do hereby authorize the performance of medical examinations and necessary treatments (including test, x-rays, drugs, etc...) as may be deemed advisable or necessary by the physician in attendance. This consent shall be in effect for the period of time that my son or daughter participates in Associated Students Incorporated sponsored activities. If an emergency arises requiring a major surgical procedure, the camp director will attempt to reach me and to be guided by my wishes: but if I cannot be reached, I authorize the attending physician to act as medical judgment may dictate.

Parent's/Guardian's signature: _____
Parents Email: _____
Date of Consent: _____
Home Phone: _____ Work Phone: _____

