Junior Parent Night SFHS Counseling Department

Fall 2024

Ms. Anderson, Ms. Mok, Mr. Poggi

Tonight's Agenda:

- Overview of Junior year
- Progress Reports, Grades, Transcripts
- Support on Campus
- Counseling and College Advising Program for Junior year
- Testing Updates and Opportunities
- Upcoming events



Counseling: Snap Shot of Junior Year

- Individual Fall Check-ins with Counselor
- Junior Advisories (Fall and Spring)
- Parent Night- College Advising Program & Course Planning (January)
- Honors/AP Applications Due late January
- Course Planning Meeting with counselor (January-March)
- Individual College Planning meeting with assigned College Advisor (Spring Semester)
- Student inputs Courses into PowerSchool (March)
- Course Verification by counselor (March-May)
- Possible SAT and/or ACT tests

Progress Reports, Quarter & Semester grades, and Transcripts

- Progress reports every 4 weeks
 - Not every student gets these
- Quarter Grades (do not go on the transcript)

 important for athletic eligibility
- Semester grade is the final grade that goes on the transcript (Semester 1 & Semester 2)
- * Check **Schoology** for your daughter's **current** grades/assignments

You can view transcripts in PowerSchool Parent/Studen Portal	
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Student Support

- Academic Support
 - Teacher assistance
 - Set up a meeting with counselor for tips/advice
 - Learning Support Specialist
 - Tutor Lab
 - CSF Peer Tutor List (emailed to students & in Schoology)
- Wellness Support
 - \circ Prioritize sleep, wellness, and self-care outside of school
 - Wellness Counselor (Ms. Kym) & "Guardian Angel" Peer Team
- Staying Connected/Balance
 - Encourage your daughter to get involved with her peers (Clubs, Hoco decorating, Junior retreats, etc..)

College Advising Program- Junior Year

Junior Advisories (mandatory)

Cover an array of topics (College Systems, Scholarships, Building the College list)

9/11 Junior Year and Naviance

1/23 Course Reg. and College

2/26 College Information

Individual College Advising Meetings

Assigned a College Advisor

Meetings start at the beginning of next semester

Remind your troubie to check her email regularly for dates Troubie College Week Sept 23-26

Mini College Fairs all week

Workshops

Private & Parochial High Schools College Fair (9/25; Christian Brothers)

College Process: Where should we be?

- Individual Process
- Researching Colleges
 - Naviance or directly through the college websites
- Carve out specific time to talk about college as a family
 - Financial discussion
- Campus Tours or Virtual Tours
 - <u>https://campustours.com</u>
 - <u>http://www.ecampustours.com</u>
- Attending College Rep Visits and College Fairs
 - Students can view our College Rep Visits schedule in Naviance
- NCAA Eligibility Center https://web3.ncaa.org/ecwr3



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Testing

- Many schools are now Test Free and Test Optional
- UC and CSU are officially Test Free indefinitely will not consider SAT/ACT scores for admissions.
- Currently many other colleges are Test Free as well as Test Optional. Over 1,800 colleges are Test Optional.

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- Test Optional schools will not penalize students who choose not to submit test scores.
- Some schools DO require SAT/ACT:
 - University of Tennessee, University of Georgia, Georgetown, MIT, UNR (for scholarships)
 - Check each school's website
- Keep updated by checking college websites and <u>https://fairtest.org/</u>

Testing Opportunities @ SFHS

Digital PSAT- October 8th - required of all juniors

- Students are automatically registered
- PSAT Pre-Administration required during late start October 3
 - *PSAT is a practice test-Colleges don't use PSAT scores in admissions

• Why do students take the PSAT?

Timed test experience

Determine if she wants to take a future SAT or an ACT Connect with colleges

May qualify for the National Merit Scholarship Program

May qualify for one or more of the National Recognition Programs

- African American Recognition Program/Award
- Hispanic Recognition Program/Award
- Indigenous Recognition Program/Award
- First Generation Recognition Program/Award

Revolution Prep Virtual Practice Digital PSAT-

Saturday, September 14th

• Links will be listed in the Counseling Newsletter and in emails to students

Testing Opportunities (continued)

School Day SAT - March 26, 2025

- Virtual Practice Test available (Feb. 1 or 8)
- SAT Pre-Administration (March 20)

School Day ACT - April 8, 2025

• Virtual Practice Test Available (Feb. 1 or 8)



Mark Your Calendars

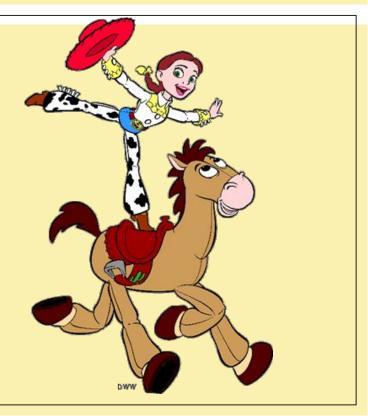
- Mandatory Junior Advisory (September 11 8:00 am)
- Club Rush (September 16 & 17)
- Troubie College Week (September 23-26)
 - College reps on campus all week
 - \circ Private and Parochial Schools College Fair (9/25)
 - \circ And in November: Financial Aid Virtual Workshop (TBD)
- Virtual Practice for the PSAT (September 14)
- PSAT Pre-Administration (October 3)
- PSAT (October 8)
- Homecoming Week (October 21-25)
- Retreats (Vary)
- Finals (December 16 to December 20)
- Service Hours (Due 3/14)



NCAA Eligibility

If your daughter plans on playing a sport in college, make sure she registers with the NCAA Eligibility Center.

https://web3.ncaa.org/ecwr3/



Counseling & College Newsletter

Our Counseling and College Newsletter is sent out on the first Tuesday of each month. It will keep you informed of all of the different events coming up in Counseling.



Questions?



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> Mrs. Anderson: Aba - Harc Ms. Mok : Harr-Pal Mr. Poggi: Pan - Zav

> > Thank you!

