

PAX ET BONUM

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St. Francis
CATHOLIC HIGH SCHOOL



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The *Pax et Bonum* magazine seeks to share with the reader the spirit of St. Francis High School. Stories and pictures of the activities and accomplishments of students, parents, staff and alumnae provide glimpses into the ways in which the school's mission is carried out and its legacy continues. St. Francis benefactors are gratefully acknowledged in the *Annual Report of Donors*.

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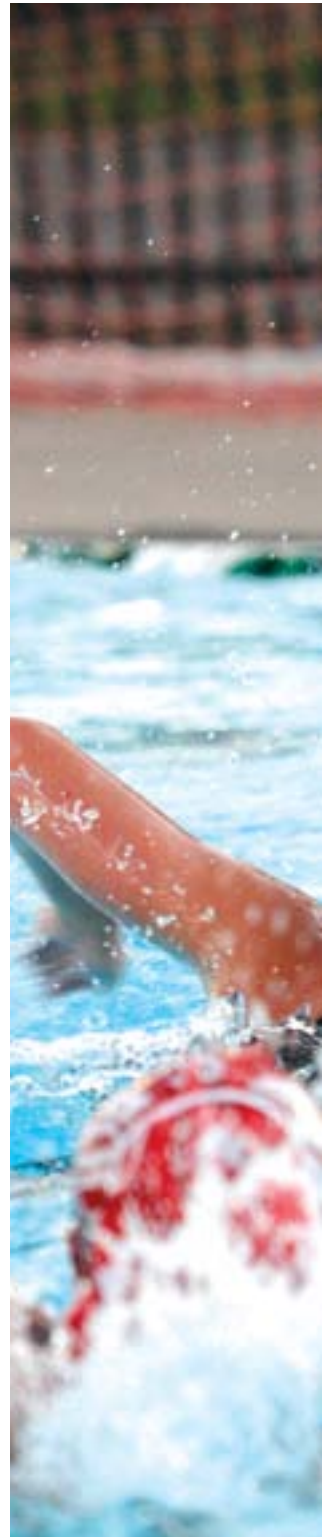


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ON THE COVER

OFF AND RUNNING!

Margo Reid Brown '81 assumed the role of President of St. Francis High School on July 1, 2012, bringing a new energy and vision to the campus. In the cover photo, members of the Track & Field team join her on the playing fields, anticipated to be renovated and expanded with the acquisition of the adjacent National Guard property, visible in the background. The vision of the future for the campus encompasses state of the art sports facilities enabling the majority of St. Francis student athletes to practice and compete on their home turf.





PRESIDENT'S MESSAGE

MARGO REID BROWN '81: AN INTRODUCTION

Returning to St. Francis has truly been a journey of faith. When the search for a new President was announced, I was in the midst of my own career transition establishing an environmental consulting firm, an opportunity that I had longed for over the last several years. The search now threw a monkey wrench into my well organized, thought out career strategy! But, I believe my faith has guided me to where God has called me to be - St. Francis High School. The experience I've gained throughout my career has prepared me to assume this new role.

With more than twenty years of experience bringing vision and leadership to mission focused organizations, both community-based and governmental agencies, the skills and knowledge needed for this new role were ones that were all familiar to me. I've worked in collaboration with Executive Boards, senior management teams, staff and volunteers and strategic partners in the community. My focus has largely been bringing strong internal alignment to activities and programs to strengthen an organization or agency's commitment to its mission. For me, the opportunity to return to the high school that had such an impact on my life and my formation as a young person was something that was meant to be.

High school is a time of change and exploration in the lives of our young people. I experienced that when I was a student at St. Francis High School. Those were years I remember fondly and share with friends and my own family. Spiritual formation, academic excellence, and values grounded me and prepared me well for the maturity and growth that follows in college and a subsequent career. I was involved in sports, theatre, and student govern-

ment. I was challenged academically, and nurtured in my faith. I have stayed connected as an alumna and always dreamed of the opportunity to return.

When Bishop Soto made the announcement on February 1, 2012 of my selection as President, I began a quest to gain as much knowledge and insight as possible about best practices, other programs, and opportunities for collaboration with Catholic High School Presidents in Sacramento and throughout Northern California. It was a chance to meet my new colleagues, discuss advancements in education, and begin a schoolwide assessment. How can we continue to provide students with the best opportunities available? Are we meeting the needs and expectations of our students and families? Are we preparing young women who will be capable of accepting the challenges of the world and their call in service to others?

Over the past decade, the growth of our student body and the physical plant has created opportunities and challenges. We are blessed with a robust student enrollment, a faculty and staff who embrace our mission and provide academically enriching classroom learning, and a community who generously supports St. Francis. We must continually assess whether we are providing the most effective ways to teach, address our physical growth needs, and reach out to our alumnae for engagement and support.

The faculty, staff, and students provide a vibrant community which gathers in the hub of our world - Serra Court. A visitor can just walk through campus during a community lunch and see the colorful tableau of energy and life that is St. Francis. I am fortunate to have an office with this tremendous



view to the students during their lunch. Many of them have taken the opportunity to come into my office, proudly bedecked with my high school memorabilia, for a “walk down memory lane.” Like my own two daughters on campus, I know they are intrigued with the past, and I love to share my “Troubie” experience with them.

My oldest daughter, Carolina, is a senior this year and anxiously exploring all the colleges which she thinks are just the right fit. It is an exciting time for her, and one that I know will be difficult come spring and graduation for me! Catie is our youngest. She is a sophomore, and has had a great experience her first year and a half at St. Francis. She had the opportunity to play both basketball and soccer, finding many friends both on the teams and on Serra Court. Both daughters have given me glimpses of student life and the challenges that students sometimes face during these years. I also have witnessed the support St. Francis provides as a loving community - the safe, nurturing environment during these years of growth and discovery of who we are in God’s eyes, our parents’, and our own.

As St. Francis approaches its 75th year, we recognize and appreciate our school’s rich traditions. In 2015 we will hold a diamond jubilee to celebrate the multifaceted beauty of St. Francis. What will the next 75 years hold? We are confident that the faculty, who are committed and student-focused, will continue to challenge students individually to be their personal best, prepare them for college, and model giving of oneself in service to others.

One of our outstanding educators, having been with us for more than thirty years will retire at the end of this academic year, after he guides his final group of students through AP calculus. He embodies the best of our commitment to the students. One of my favorite teachers as a St. Francis student in math (and the then-new subject of computer programming) was Mr. Charlie Schwing. He remains today one of the students’ favorite teachers on campus. We know that his greatest reward is their success. He is among many who have provided the continuity of tradition and academic excellence to keep St. Francis one of the top high schools in the region.

Since I arrived on campus officially July 2nd, positive change and creating a clear vision of the future has been the highest priority. Our vision is student focused, providing the most effective educational programs, spiritually grounded in the Gospel values of our Catholic faith and in harmony with our St. Francis charism. We have opportunities to improve the core center of our campus, build a dining hall that will keep pace with the needs of our

student body, and build a state of the art athletic facility and classroom expansion with the eventual acquisition of the National Guard Armory property. We will continue to build and thrive, while providing extracurricular activities that foster community, an academically enriching curriculum, and the most effective learning environment. The world is not standing still, nor will we!

In the classic 1989 film, *Field of Dreams* I see a metaphor of the history of St. Francis High School. First came the vision and commitment to a Catholic high school education for young women in Sacramento. A place for spiritual growth and academic learning. That vision, and the belief in what we were doing as a unique opportunity for women of faith, was filled with hope and possibility.

Our predecessors looked to the future, and dreamed of what could be. They dreamed of opportunities, they built the incredible academic programs - which we continue to build upon as we continued to build onto this incredible campus. And as the student body continued to grow so did their dreams. We now house an entire performing arts high school program within our diverse campus. We have academic and athletic teams that compete on the state and national level. As we look to the future, we keep a steely focus on our vision and dreams.

We all remember one famous quote from the movie, “If you build it they will come...” However, I consider the most important message from the movie to be “If you believe the impossible, the incredible can come true.” We continue to dream, we will always believe, and we grow with each new challenge. Our responsibility is to continue to steward the gifts given to us for the generation to come. How will we take on the responsibility as stewards of our faith? We will believe in the **possible**, and by God’s grace we will see the incredible come true.


Margo Reid Brown '81
President



ANNUAL STEWARDSHIP



HIP

FOR ST. FRANCIS

DEAR SFHS ALUMNAE, PARENTS AND SUPPORTERS:

It is your generosity that sustains and supports the mission of St. Francis High School. With your valued donations, we are fully committed to educating young women to become individuals who change their world. Please see the many inspiring stories of our graduates in this edition of *Pax et Bonum*. As a contributor to the school - past or present - you are directly responsible for creating the foundation by which these women are able to carry out the four pillars of St. Francis: Faith, Excellence, Leadership and Service. Thank you for your generosity.



The following is the Annual Report of philanthropic giving to St. Francis High School for fiscal year 2011-2012. We also include a report reflecting cumulative giving for individuals who have donated in excess of \$10,000 over the lifetime of their giving to the school. We expressly thank these donors for their continued and sustained support.

I had the pleasure of starting my St. Francis journey with Melissa Deiro, Advancement Associate for Events and Annual Fund. Together, we look forward to further engaging our generous school community through communications, outreach programs and events. The support of alumnae, parents – past and present – and other benefactors is vital to continuing the St. Francis mission that enriches the lives and learning of nearly 1,100 young Troubadours.

This spring we are introducing a new concept to unite our widespread online community in supporting St. Francis through 24/24/24 - Give A Little Bit!! We ask all supporters to give \$24 (or more) in 24 hours on April 24. This “crowd funding” opportunity allows for relatively small contributions to be coupled with thousands of other donations for a large cumulative impact. Similar on-line giving events have garnered \$40,000 to millions of dollars for the benefiting organization. For more information, please go to www.stfrancis.org/242424. This will be the same portal that will become live at the stroke of 12:00AM on April 24, 2013 to facilitate secure on-line giving. Spread the word!

Once again, please know I am inspired by and grateful for your giving. My daily work on behalf of the young women of St. Francis is guided by a personal passion for the school and a sincere appreciation for your generosity.

Most Appreciatively,

A handwritten signature in black ink that reads "Tracy J. Beckwith". The signature is fluid and cursive.

Tracy J. Beckwith (Bryce '12)
Director of Advancement

In this report we gratefully acknowledge those individuals and organizations that have made contributions to St. Francis High School during the fiscal year, which began July 1, 2011 and ended June 30, 2012. This list includes donations made through the Annual Stewardship for St. Francis Program, the Capital Campaign, Scholarship Funds, United Way and other workplace charitable gift designations, Patrons of the Arts, Revelry, Fashion Show and Golf Tournament sponsorships, and requests by specific school programs such as Robotics. Separate listings contain tribute gifts and those who have given gifts-in-kind during the past year. St. Francis High School is fortunate to benefit from this large community of benefactors.

THE CIRCLE OF ST. FRANCIS \$10,000 OR MORE

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Most Reverend Bishop Jaime Soto, Diocese of Sacramento
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St. Francis High School Filipino Families & Friends
St. Francis High School Parents Guild
St. Francis High School Patrons of the Arts
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Jerry & Sandy Tokunaga
Brian & Maria Reid Vail '82

THE PAX ET BONUM CIRCLE \$5,000 - \$9,999

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Five Star Bank, James & Tracy Beckwith
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RCA Community Fund of the Sacramento Region Community Foundation
at the direction of Mr. Bill Pattison
Roebbelen Contracting, Inc., Lisa & Bob Kjome
Peter Scheid
Thomas & Marion Slakey '48
Vanguard Charitable Endowment Program
for the Meghan Gumblevicius Memorial Fund, recommended by John & Carol Gumblevicius

THE ASSISI CIRCLE \$2,500 - \$4,999

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Julia & Neil Clark
Walter Dahl & Sarah Buxton
in honor of Ellen Dahl '13 and Anna Dahl and in memory of Georgina Radonich Buxton '47
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in memory of Erin Dickman '08
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Elaine Paddock
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'13 & Giovanna B. Martinez
'16, matched by Intel Foundation
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Dick & Marge Pashley
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Last year, 99% of St. Francis High School
graduates went on to attend colleges across the
United States with over \$23 Million offered in
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*in memory of Santo & Rosemarie
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THE TROUBADOUR CIRCLE \$150 - \$499

Tarik & Sheila Abbasi
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 Raye & Jeannie Kunz Bellinger '80
 Robert Bilo
 David Blanchard
 Cristina Brisbane
 Lorraine & Jeff Brown
 Don & Jody Bryan
 David & JoAnne Buehler
 Richard & Arlene Burke
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 Harvey '73*
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in honor of Elizabeth Anne Cobb '95

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 Steven Crooks & Cynthia Cooke
 Beatriz DeLaTorre
 Troy Devine & Charles
 Cunningham
 Michael Dishno & Marleen
 Masuoka
 Pamela DiTomasso, DDS '72
*for the Dennis Fatheree
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*in honor of Jennifer M. DuCray-
 Max '98*
 Monica Bagoood Dutton
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 Zach, Paige & Carson
*for the Meghan Gumbelevicius
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 Joanne & Gary Galster
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 Mark & Fran Mueller

St. Francis High School has 53 clubs
 and ten academic teams that compete
 throughout the nation.

St. Francis High School offers 12 CIF sports with 26 levels of participation in which just under half of our students participate. 5% of Troubadours compete collegiately, higher than the national average of 3%, including male sports.

Steven & Lorraine Murphy
*matched by GenCorp Foundation
 Inc./ Aerojet*
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matching a gift from Bert Ripple
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in memory of Eleanora Kotoski
 Bruce & Gina Thomas
 Jane Trippet
 Maura Twomey '77 & Rich
 Pedroncelli
 Joseph & Kathryn Keating Vincenty
 '70
 Tony & Tammy Wall
 Scott & Debra Warady
 Victor & Carol Warmerdam
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 Randall & Karen Wilson
 Don Wreden & Maxine Barish-
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 '84*

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 UP TO \$150**

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 Kathryn Corcoran Daum '60
 Farley & Nora David
 Kathleen Haynes De Fazio '95
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 Richard & Trudy DeFelice
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in memory of Judy Ackerman Ayala '56
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in honor of Marion Bishop
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 St. Francis High School Class of 1955
in memory of Roberta (Bobbie) Webdell Frayne '55

William C. & Sharon Sanborn
in memory of Stephen C. Sanborn, father of Marissa '15
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St. Francis High School gratefully acknowledges the following donors for their gifts of goods and services:

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SCHOLARSHIP FUND IN HONOR OF MARION L. BISHOP

After eleven years of loving service to St. Francis High School, Marion Bishop completed her term as President on June 30, 2012. We are deeply grateful to Marion for her dedicated commitment to the school community as St. Francis High School's first President.

During her tenure at St. Francis High School, Marion took the school from an enrollment of eight hundred students to over eleven hundred. She oversaw the campus expansion and construction of beautiful new facilities, implementation of the Kairos retreat program, and a photovoltaic installation on the campus. As a result of her professionalism, integrity, passion and prayerfulness, she left the school in a strong position and her impact will be felt for many years to come.

Assisting families with tuition was a mission dear to Marion's heart. Marion served the Diocese of Sacramento for over eighteen years, much of that time dedicated to assisting families in providing a Catholic education for their children. This includes the creation of the Succeed School program, which continues to help families realize their dreams of a Catholic school education. Marion also expanded the tuition assistance program at St. Francis which, although it has grown to award over \$1 million in aid each year, still provides for only half of the demonstrated need.

To honor Marion, St. Francis High School established a scholarship fund in her name. The Marion Bishop Scholarship Fund will help with tuition expenses for qualified students in need attending St. Francis High School. We wish Marion Pax et Bonum on her transition to a new phase of her journey.

We thank the following people for their contributions to the scholarship fund in her honor.

Jim Adams
Kristen Alan '12
Debbie & Kurt Austin
Pamela & Gerald Baker
Lt. Col. Carl & Mrs. Cynthia Beckwith
Merlene & Duane Bendixen
Aron Bishop & David Briggs
Jed & Jenny Bittner
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Kathryn Corcoran Daum '60
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Ivan & Marissa Hrga
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Rev. Mauricio Hurtado
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Muriel & Ernie Johnson
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	Most Reverend Bishop Francis A. Quinn		

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*In memory of Judy Ackerman Ayala '56
Mary Van Dillon Keowen '55*

*In memory of Della Beltrami
Kathryn Beltrami '69 & Martin Pierucci*

*In honor of Marion Bishop
John Krochta & Marg Bartosek*

*In memory of Georgina Radonich Buxton '47
Walter Dahl & Sarah Buxton*

*In honor of Elizabeth Anne Cobb '95
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*In honor of Ellen Dahl '13 & Anna Dahl
Walter Dahl & Sarah Buxton*

*In memory of Erin Dickman '08
Anonymous*

*In honor of Jennifer M. DuCray-Max '98
John M. DuCray*

*In memory of Roberta (Bobbie) Webdell Frayne
'55
St. Francis High School Class of 1955*

*In honor of Kay Gaines
Jana & Jim Cuneo*

*In memory of Meghan Gumbelevicius
Karin Gumbelevicius*

*In memory of Kathy Wright Harvey '73
Dan & Debbie Sheehan Cairns '75
Larry & Kathi Moore Ridley '73*

*In memory of Dr. Ernest H. & Farida M.
Holland
Paul & Laila Holland Barker '79*

*In honor of Melissa Hubbert '12
Buddy & Carolyn Hubbert*

*In memory of Debbie Koewler
Nancy Heffernan & Neal Cohen*

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Washington '12
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Giovanna B. Martínez '16
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Larry & Kathi Moore Ridley '73*

*In honor of the Nacey, Stegner, Johnston, Moyer
& Moore Families
Peggy Moore Willumson '68*

*In memory of Eleanor Neumann
Robert, Dutch & Tallulah Sickels*

*In memory of Mary O'Connor
Bob & Rosemary O'Connor and Family*

*In memory of Kathleen Rose
Kelsi Hooper Perttula '98*

*In memory of Stephen C. Sanborn, father of
Marissa '15
William C. & Sharon Sanborn*

*In memory of Marie E. Schmidt
Deborah & Michael Pansius*

*In honor of Selena Victoria Shannon '14 &
Chelsea Rose Shannon '11
James & Heather Shannon*

*In memory of Dorothy Silva
Bob & Rosemary O'Connor and Family*

*In memory of Lockwood Vogeli
Brian & Annamarie Vogeli McSweeney '81*

*In memory of Robert A Walker, father of Cindy
Walker Puppione '65, Patty Walker Hayes '68,
& Judy Walker '70
Cindy Walker Puppione '65*

*In memory of Jacqueline Kane Wild '49
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Meg Willett Haesloop '84*

24 / 24 / 24*
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* ON APRIL 24TH DONATE \$24 (OR MORE) TO SUPPORT THE SCHOLARSHIP FUND AT ST. FRANCIS HIGH SCHOOL.

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CUMULATIVE GIVING

Giving is a response to the gifts that God has given each of us. The following represents the benefactors of St. Francis High School who have continuously given to the school and through their individual cumulative donations* have supported St. Francis at a substantial level. We are truly grateful for the generosity of these exceptional supporters. Over the years and with their support we have and will continue to educate young women who change the world. This report reflects donations through June 30, 2012.

**Donations to the school have been recorded in our data base dating back to 1983. Gifts received prior to that date may not be reflected in our Cumulative Giving list. We apologize for any errors or omissions and ask you to please report them to Tracy Beckwith, Director of Advancement, at 916.737.5033.*

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Kathleen Peterson and Family &
Jackie Ward and Family
Nicholas & Loreine Simopoulos

Our faculty and staff are fully dedicated to the development of our young women and the mission of the school. 78% percent of the faculty hold advanced degrees and/or credentials.

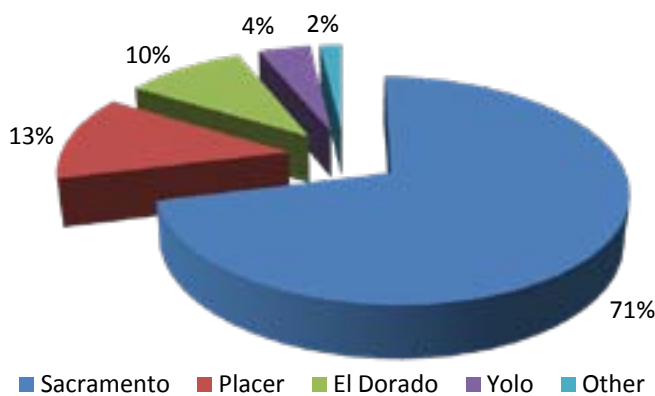
ST. FRANCIS HIGH SCHOOL

2011-2012 IN REVIEW

BACKGROUND

St. Francis High School, established in 1940, is a college preparatory school dedicated to serving young women. This Diocesan school with enrollment at June 30, 2012 of 1,091 and at June 30, 2011 of 1,130 is located in the heart of East Sacramento serving students primarily from Sacramento, Placer, El Dorado and Yolo counties. These percentages have remained relatively constant since last year, with only a small increase in students from El Dorado County and an offsetting decrease in students from Yolo County.

ST. FRANCIS HIGH SCHOOL
ENROLLMENT BY COUNTY 2011-2012



GOVERNANCE

SFHS is owned and governed by the Most Reverend Jaime Soto, Bishop of the Diocese of Sacramento and operates on the President/Principal model. The roles of the President and Principal are separated by function and purpose with the President serving as Chief Executive Officer with special focus on business, development/advancement, and capital improvements. The Principal oversees academic and co-curricular programs. Both are focused on our Catholic mission. A School Board was formed in 2000 and currently operates in an advisory capacity. The Board accomplishes its work through its various committees, addressing the following operational areas:

- + Finance
- + Development/Advancement
- + Marketing
- + Mission Effectiveness
- + Parent/Community Partnership

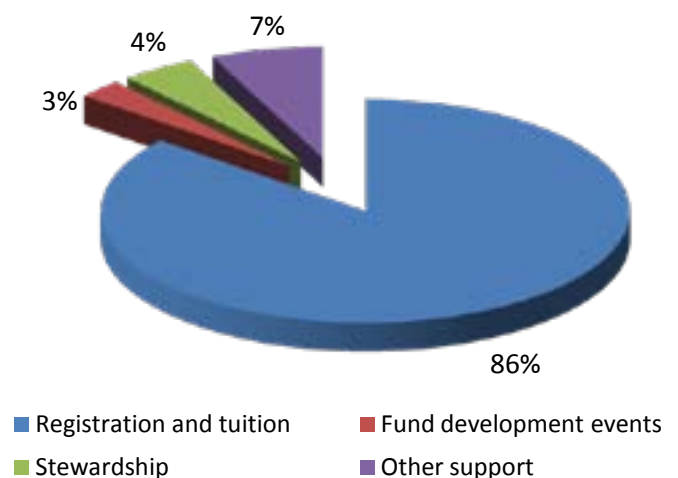
WASC & WCEA ACCREDITATION

St. Francis High School is jointly accredited by the Western Catholic Educational Association (WCEA) and the Western Association for Schools and Colleges (WASC). This accreditation provides SFHS community and the general public with confirmation by an outside authority that our school is credible and delivers a quality educational program that prepares students for college. In 2012, the School was awarded the highest possible term of accreditation, six years. For further information please see www.wasc.org or www.westwcea.org.

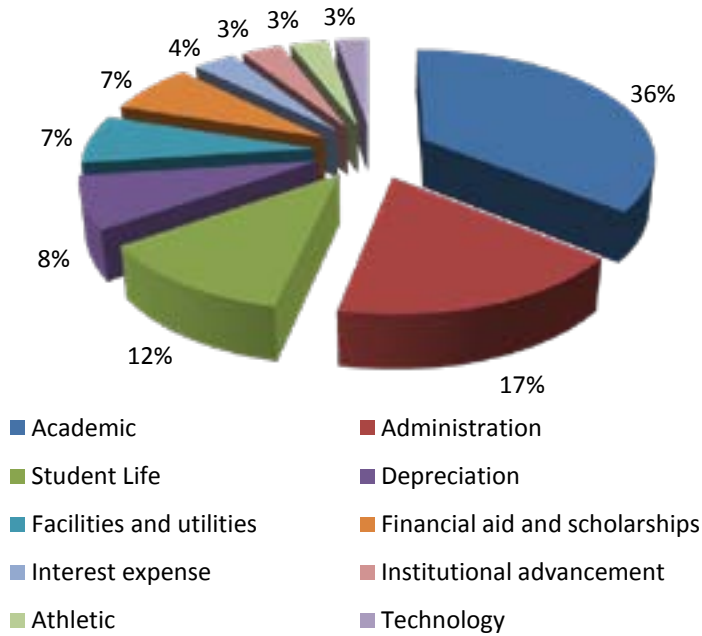
DESCRIPTION OF BASIC FINANCIAL STATEMENTS

Individual program accounting is maintained in-house in accordance with relevant Generally Accepted Accounting Principles (GAAP) as promulgated by the Financial Accounting Standards Board (FASB). Below are exhibits of sources and uses of funds for the 2011-2012 year.

ST. FRANCIS HIGH SCHOOL
SOURCES OF OPERATING REVENUES



ST. FRANCIS HIGH SCHOOL
USES OF FUNDS: DEPARTMENTAL EXPENSES



INVESTMENTS

Performance – The School’s endowment accounts are deposited with the Catholic Foundation of the Diocese of Sacramento, Inc. These funds are managed by the foundation’s investment committee with the assistance of independent investment consultants. The annual return for the school’s endowment account was 2.5% for the year ended June 30, 2012, as compared to 17.5% for the year ended June 30, 2011. The results for the year ended June 30, 2012, are reflective of fluctuating market conditions primarily during the first and last quarters of the fiscal year.

Distribution – In 2003 the School Board adopted a formal spending policy for endowment funds which calls for 6.5% of the endowed scholarship account to be distributed each year to help offset the cost of financial aid.

CAPITAL & DEBT ACTIVITIES

St. Francis High School continues to implement its long range plan of improving its capital assets to provide the optimal learning environment for students.

Capital additions were approximately \$851,000 during the 2011-2012 school year and \$212,000 during the 2010-2011 school year. During the 2011-2012 school year, the largest capital addition was a solar panel system. The system incorporated 1,316 panels on the rooftops of seven buildings. It is estimated to generate 30% of SFHS’s current electricity needs and has a projected cost savings of more than \$1,000,000 over the next 25 years. Realized savings for 2011-2012 included a federal grant of over \$380,000. Also of importance are the educational opportunities for the students of SFHS, advancing the Catholic teachings which emphasize the importance of caring for God’s creations, including the environment, and further enhancing the leadership role of the Church, the Diocese and the school in the community. Additional capital improvements included re-roofing the St. Clare building, the cafeteria and some breezeways for the solar installation.

Capital additions for the prior year consisted of ceiling mounted projectors and sound system in all classrooms. Additional improvements included the scheduled replacement of obsolete computers and printers, classroom furniture and improvements to the new garden area located behind the chapel.

Debt – SFHS obtained a ten-year note in May 2004 from Allied Irish Bank for \$10,750,000 in order to build portions of the Phase II plan during Phase I construction. The additional structures included the gymnasium, staff workroom and administration building. The monthly payments are \$76,954 which cover both principal and interest with a balloon payment of \$7,415,414 on May 1, 2014. The fixed interest rate is 5.99%. At the end of the ten year term, the note may be renewed. In an effort to retire the debt at the end of the ten year term, an annual transfer of \$750,000 is made from operations to a sinking fund at year-end. As of June 30, 2012, the balance in the sinking fund is \$3,932,088.

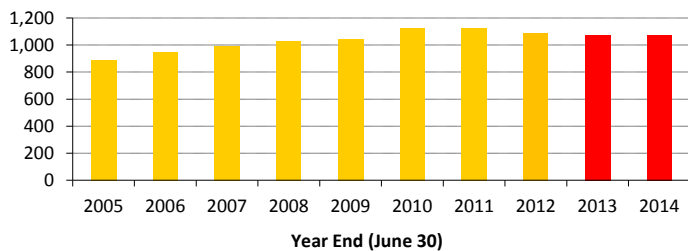
The School entered into a lease agreement in November 2011 with Belvedere Equipment Finance for \$859,478 for the installation of solar panels. The monthly payments of \$9,762 are through June 2012 and covers both principal and interest, and subsequent monthly payments vary each year. The interest rate is 6.49% and the final payment is due April 1, 2019 at which time the School can purchase the equipment outright or complete the lease/purchase in 12 months with monthly payments of \$43,363.

Also in November 2011, SFHS entered into a lease agreement with CalFirst National Bank for \$132,901 for the re-roofing project. The monthly payments of \$3,975 are through March 1, 2015 and cover both principal and interest, and the interest rate is 4.70%.

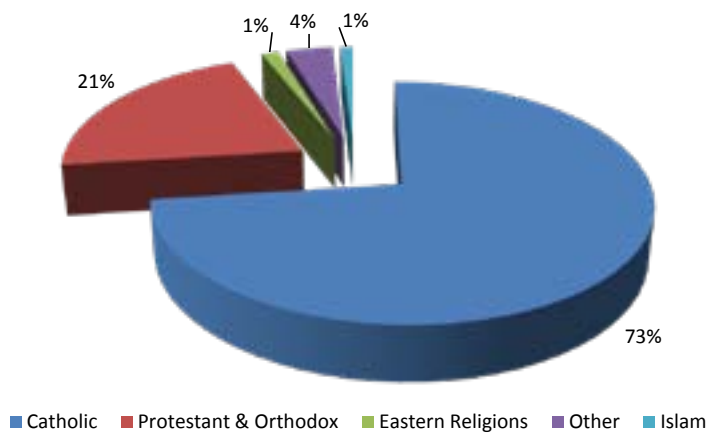
ENROLLMENT

St. Francis High School continues to attract a robust pool of applicants to meet or exceed the enrollment projections in the school's financial plan. While maintaining its college preparatory mission, SFHS reaches out to all students who have the desire for a rigorous academic and spiritual experience regardless of ability to pay. The incoming freshman class enrollment is consistent with past years. The peak enrollment during the 2009-2011 school years reflects the transfer students from Loretto High School. The graph below depicts both the historical and projected enrollment.

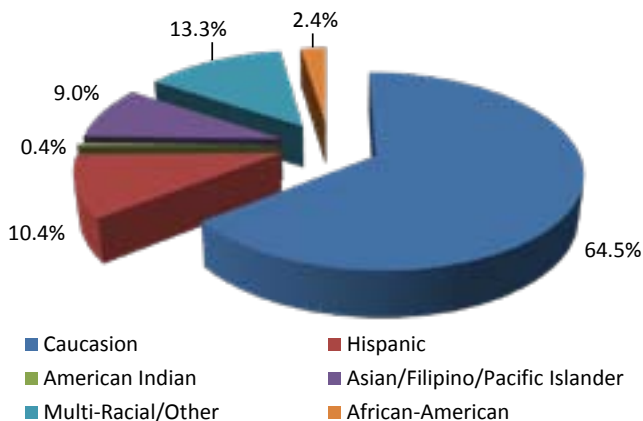
ST. FRANCIS HIGH SCHOOL
HISTORICAL AND PROJECTED ENROLLMENT



ST. FRANCIS HIGH SCHOOL
ENROLLMENT BY RELIGION 2011-2012



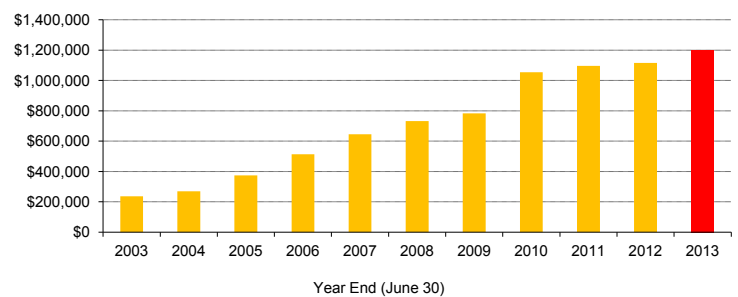
ST. FRANCIS HIGH SCHOOL
ENROLLMENT BY ETHNICITY 2011-2012



FINANCIAL AID & SCHOLARSHIPS

Financial Aid grants have increased at a higher rate than the increases in tuition and fees since 2003. The average annual increase in financial aid from June 30, 2003 through June 30, 2012 was 19% compared to the 6.6% increase for tuition and fees. It should be noted that these dollars only represent what is granted in tuition assistance, not the demonstrated need. It also does not reflect support in areas such as retreat assistance, uniforms and books and other fee waivers, which are covered through the anonymous generosity of the SFHS community.

ST. FRANCIS HIGH SCHOOL
HISTORICAL AND PROJECTED FINANCIAL AID



STRATEGIC PLANNING

Building on the accreditation process, whose primary focus is on student learning, SFHS is developing a formal strategic plan to focus on long-term institutional goals. In 2011-2012, the former President and the School Board began the process of writing a new plan to address current needs and future goals of the school.

TECHNOLOGY

The School is actively engaged in creating a technically advanced learning environment that supports the needs of our students. The school has continued to update all classrooms and meeting rooms with projectors and sound, and has successfully implemented *Haiku*, a web-based learning management system. As a *Google Apps for Education* school, the School continues to utilize cloud-based email, docs, and school-wide calendars. New features include cloud-based storage and drop-box. Assisted by "Hands Up for Troubies" (fund-an-item) at Revelry 2011, an iPad mobile lab was introduced to pilot this technology for future use on the campus. Additionally, iPads were provided for every teacher in preparation for integration into the learning environment, access to greater use of e-books, and development and accessibility of primary sources. Campus-wide enhancements included broader wireless classroom coverage, and security cameras placed at all door and gate entrances. St. Francis has committed to providing one-to-one iPad technology for every student commencing with the 2013-2014 academic school year.

STEWARDSHIP

Our major annual fund appeal, Stewardship for St. Francis High School, contributes substantially to the school's financial health. Because St. Francis High School does not charge full cost tuition, it is imperative that the difference is made up between the total cost of education and the tuition paid by families. In recent years, a predominantly digital campaign was utilized. Beginning with this current year, an active engagement of all families has commenced with the year-end appeal season.

FUND DEVELOPMENT EVENTS

Fund development events are critical components of revenue for St. Francis High School. The School has developed annual events that help cultivate the many constituencies - alumnae, parents, past parents, grandparents, future parents, students and community supporters - that assist financially to advance the mission of SFHS.

Revelry Gala & Auction is the major school-wide fund development event and has continued to be supported by the community. Revenue has increased significantly in the last few years as the event continues to draw from a variety of our constituencies. The specific "Hands Up for Troubies" portion of the event has allowed for pilot testing of iPad technology on campus.

A comprehensive fund development plan clearly is the most important and effective way to provide for long-term sustainability of the school. The plan would necessarily build on community support from alumnae, parents of alumnae, current parents, and other groups. Other activities that have contributed to the support of campus life include events sponsored by the Parents Guild, Boosters Club, Patrons of the Arts and St. Francis Filipino Families & Friends auxiliary organizations. The proceeds from all these events go directly to the school.

CHALLENGES & OPPORTUNITIES

Transitions – In the 2011-2012 school year, President Marion Bishop announced her retirement effective June 30, 2012. Under the guidance and leadership of Bishop Jaime Soto, the Diocese of Sacramento initiated an all-inclusive process to begin the search for the new president. Various constituents of the community were invited to participate in listening sessions and interviews. The role and expectations of potential candidates were reviewed and subsequently a search committee was formed. After conducting a national search and a series of interviews, the committee recommended a candidate who the Bishop appointed in January 2012.

As the new academic year commenced, the tenure of a new President and Director of Finance did as well. In the process, a thorough review of all policies and practices has been underway. The challenge remains in the collection of historical practice, current policy guidelines, and focusing on the single highest priority - achieve our mission of educating women with the values of our four pillars.

National Guard – In July 2011, St. Francis High School and the State of California Military Department executed a Memorandum of Understanding, formalizing the intention of the National Guard to transfer the title to the 58th Street Armory property to the Diocese of Sacramento no later than December 31, 2013. There are ongoing discussions with the National Guard and the Diocese regarding the acquisition and future use of the property. An assessment of the current campus needs and capital improvements is also underway.

Mission Effectiveness/Catholic Identity – The mission of St. Francis is to prepare each student to "develop her gifts and talents to become a model of *Pax et Bonum* (Peace and Goodness) through leadership and service." The school integrates the Catholic Church's seven Catholic Social Teachings (Life and Dignity of the Human Person, Call to Family, Community, and Participation, Rights and Responsibilities, Option for the Poor and Vulnerable, the Dignity of Work and the Rights of Workers, Solidarity, and Care for God's Creation) in a four-year cycle and integrates the teaching into curriculum and other student activities. Annually, Campus Ministry formulates a school year theme that captures the teachings, giving the students the opportunity to think, analyze, and reflect upon its principles. Our 2012-2013 theme is "See, Do, Be like Christ."

FUTURE OUTLOOK

School leadership is committed to graduating young women in the four pillars, which are the foundation of the education at St. Francis – faith, excellence, leadership, and service. We recognize that parents have many educational choices and with the escalating costs of private Catholic education, are working to ensure that our graduates demonstrate the value of a St. Francis education and that prospective parents will see no better alternative than to send their daughters to St. Francis High School.



Margo Reid Brown
President



Tara Leung
Director of Finance & Business Operations

KATHY CARLISLE: INSPIRING ARTIST & BELOVED TEACHER

BY SUSAN LAIRD

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With 2,000 handmade origami cranes, tributes of art and testimony and the powerful sounds of Taiko drums, hundreds of mourners from the St. Francis High School and Sacramento arts communities celebrated the life of the late Kathryn M. Carlisle on Saturday, December 15. A memorial service for students and faculty was also held on Monday, December 10.

Known to her friends as Kathy, she was a much-beloved teacher at St. Francis. She died while taking photographs on the railroad tracks across the street from the high school on December 8. Carlisle was taking images of an oncoming train, when she was struck from behind by a second train. She was 52.

It is possible Carlisle was taking the photos for an upcoming project on the Holocaust. She was in discussions just days before with Holocaust survivors about the trains that took Jews and other “undesirables” to the death camps. Carlisle was passionate about using art to promote issues of social justice.

Every year since her arrival at St. Francis in 2008, she taught a unit on the Shoah — the Holocaust. She was deeply committed to the Central Valley Holocaust Education Network. Her students interviewed survivors of that horror, then created works that embodied the lives of those people in a contemporary way, speaking to today’s generations.

The exhibits won many awards, including a scholarship for Carlisle to study the Holocaust at the 2012 Memorial Library Summer Seminar on Holocaust Education.

Carlisle grew up in Detroit during the 1960s. As a young girl, she saw tanks going down the streets of her city. As an adult, she dedicated her life – and her gifts in the arts and in teaching – to shining light on the darkest things in life. She wanted to use her artistic gifts, especially, to bring issues of justice to the forefront.

Continued on next page





Photo by Pat Soberanis



Photo by Pat Soberanis



As a teenager, she would spend afternoons at the Detroit Institute of Art, studying artists. At age 16, she was accepted into a summer art program at the prestigious Parsons School of Design in New York City. She was educated at the School of the Art Institute of Chicago before earning a B.A. in Arts Education and later an M.A. in Drawing and Ceramic Sculpture from CSUS.

Carlisle began teaching at Sacramento High School as an artist in residence, where she developed a cross-cultural art curriculum. Through a grant from the Neighborhood Arts Program of SMAC, she also worked with pediatric oncology patients from the UC Davis Medical Center.

Carlisle also had a great love of Japanese drumming and culture, and was an original member of the Sacramento Taiko Dan. Founding members of Taiko Dan re-assembled to perform at her Celebration of Life service.

Carlisle was known for her huge heart, eclectic style, and sharp sense of humor. She was passionate about gatherings with family and friends, and empowering students to learn through art.

This passion for life was shared and returned by her many friends and family – and especially by the students, staff and faculty at St. Francis High School. In the wake of her passing, the school did something remarkable: all final exams for the semester were cancelled. Instead, the school community members gathered to console one another. Students created works of art in Carlisle's memory, using her favorite colors: pink and orange.

At the Celebration of Life, Kendall Spector, a junior at St. Francis and teacher's assistant to Carlisle relayed a message from her to family and friends: "Mrs. Carlisle always told us, 'I can hardly wait for each of you girls to graduate, so I can see the amazing things you will do in the world. Each of you is full of color, and the world needs you. Because the world is gray, it needs the color you will bring to it.'"

Margo Reid Brown, president, St. Francis High School, said Carlisle was a "unique, colorful and passionate part" of each of their lives.

"Forever, we will be grateful for her presence in our lives. As a community of faith, we know Kathy was our gift... We trust in the Lord to lift our sister Kathy to everlasting life with Him," Reid Brown said.

Carlisle is survived by her husband Steven Jarvis, her children Will, Bianca, and Violet, who is a freshman at St. Francis; and her mother, Sandy Carlisle of Brighton, Michigan.

CARLISLE WAS KNOWN FOR HER HUGE HEART, ECLECTIC STYLE, AND SHARP SENSE OF HUMOR. SHE WAS PASSIONATE ABOUT GATHERINGS WITH FAMILY AND FRIENDS, AND EMPOWERING STUDENTS TO LEARN THROUGH ART.

A scholarship fund has been established. The Kathy Carlisle Scholarship will be awarded annually to a current student at St. Francis High School who demonstrates a passion and commitment to the arts that were so much a part of Carlisle's life. Donations can be made via the St. Francis High School website at www.stfrancishs.org/carlisle. ❖



INDELIBLE LESSONS THROUGH ART BY KATHY CARLISLE

In fall 2008 the theater department was in high gear preparing for the dramatic production of Arthur Miller's *Playing for Time*, a play based on the Fania Fénelon's experience as a female prisoner in the Auschwitz concentration camp. What I now accept as "standard procedure" astounded me as the newest member of the fine arts faculty at St. Francis High School. Rigorous collaborative learning that challenged students to engage deeply was an accepted standard at St. Francis. Our painting students immersed themselves in Holocaust survivor testimony and historical research as a basis for their paintings. Liz Igra, founder and President of the Central Valley Holocaust Educator's Network invited our students to exhibit their artwork at the Yom Ha Shoah Memorial at Congregation B'nai Israel, marking the beginning of an annual collaboration that continues today.

I have participated in bi-annual Holocaust Educator training and shared arts curricula and the work of my students at 'CVHEN' workshop since 2008. Recommended by CVHEN Director of Education, Tosha Tillotson, I applied for and received a 2012 fellowship to attend the Summer Seminar on Holocaust Education at The Memorial Library in Manhattan based on my commitment to teaching the Holocaust and its relevance to racism and genocide today through art. The Memorial Library, established by Auschwitz survivor Olga Lengyel, works closely with the National Writing Project, The Anti Defamation League, and, The United States Holocaust Memorial Museum. Twenty-four diverse educators from the United States and Belgium were invited to attend an immersive two-week program of study led by Dr. Sondra Perl and Dr. Jennifer Lemberg.

We were provided with housing at Columbia University and engaged daily in the individual and collaborative writing, dialogue, and inquiry exercises that we will be integrating into our classrooms. Guest artists, writers, Holocaust survivors, and historians connected our investigation of the Holocaust to contemporary issues of genocide and racism. Our studies took us out of the classroom to the Jewish Heritage Museum for personal reflection and workshops with historians, to the permanent collections and an exhibit of contemporary American painter Kehinde Wiley's new series *The World Stage: Israel at The Jewish Museum of New York*, and a moving traditional Shabbat service at a Jewish Temple. The most remarkable element of the program was the intentional emphasis on building community with our peers. Sharing our writing, hands on learning, our daily meals, [including an elegant Shabbat dinner], and the rich culture of New York City broadened our learning from the personal to the multi-faceted collective.

As a required extension of the fellowship, participants are asked to transform their experience into a workshop in their region. I will be creating a regional in-service for history, English

Continued on next page

This article was submitted to *Pax et Bonum* magazine in fall 2012 by Kathy Carlisle. Her words express the passion she had for her work, her students, and St. Francis High School. We share them in tribute to our beloved teacher and friend.



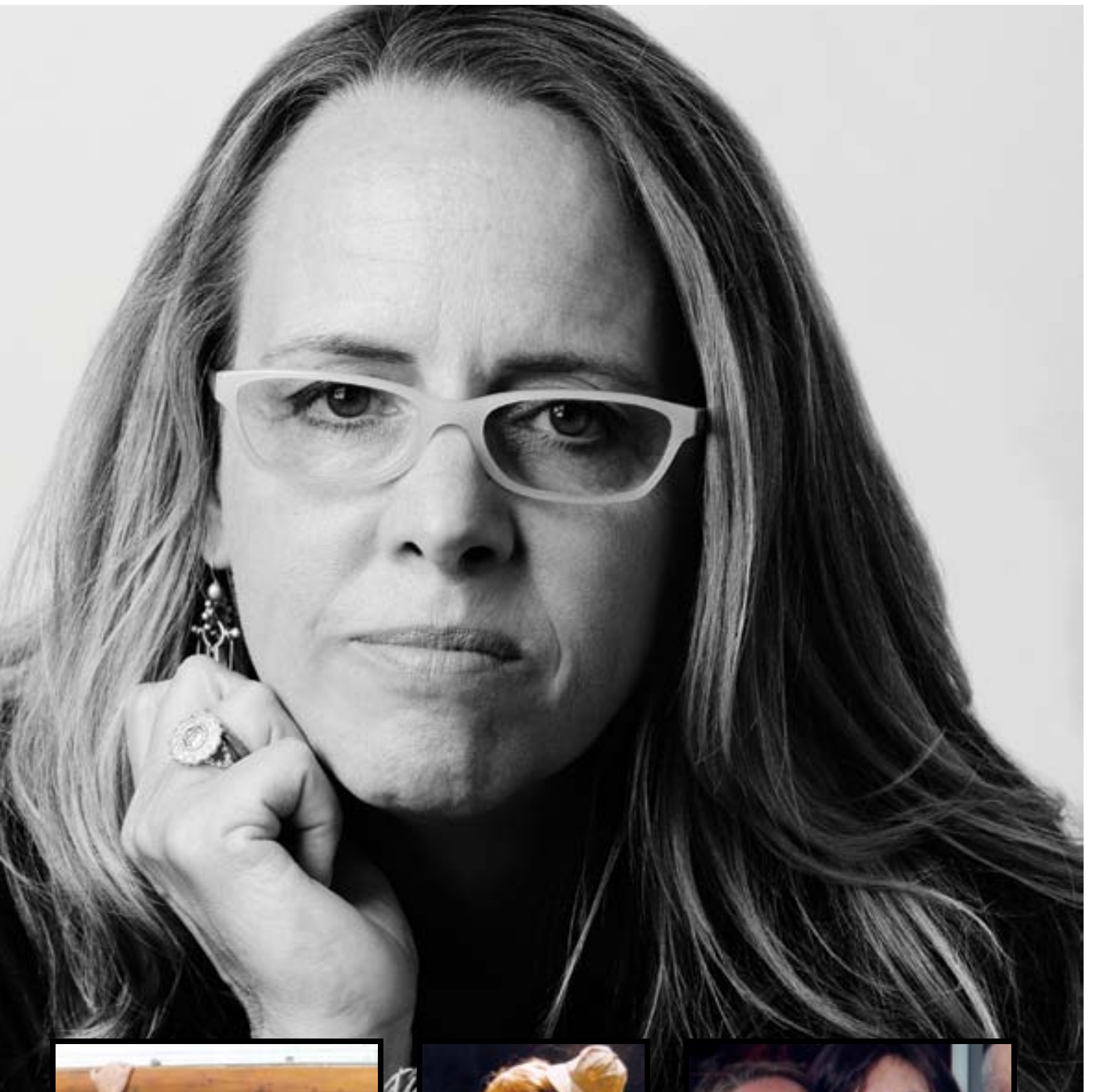
language arts, and religion teachers showing how to integrate mixed media arts projects into their existing Holocaust lessons. My goal is to create, with the help of Tosha Tillotson, a satellite seminar for the Memorial Library serving teachers in the greater Sacramento area in 2014.

The Holocaust teaches us indelible lessons about racism that are highly relevant today. Students resonate strongly with core moral choices and social justice lessons that the tragedy of the Holocaust teaches us. Linking art to social justice issues allows students to reciprocally connect their studies in language, history, and ethics to their work in visual media. Tosha Tillotson acknowledges, "... art allows students a safe, individual and reflective entry point for learning about the Holocaust. It is a way for students to connect to something that not many of us can begin to understand and it is through this complexity that art gives voice to students' thoughts."

Howard Oransky, Director of the Katherine E. Nash Gallery at the University of Minnesota, who viewed the St. Francis High School photography project *The Holocaust: Illuminated Memory* on the students' blog, recognized the power of their work. He has offered to exhibit the students' project at The Quarter Gallery, Regis Center for the Arts at the University of Minnesota in April 2013 as part of a Holocaust Memorial Exhibition. Read more about the project including the artists' statements about their work at: holocaustphotography.wordpress.com.

A vital creative atmosphere continues to flourish at St. Francis. Our Digital Photography program has expanded the artistic palette of our students to include finely crafted and conceptually strong digital images. Students build portfolio movies and individual websites to showcase and share their personal and collaborative works. *SF STARS* [St. Francis Serving Through Arts], a student run arts service club, initiated a partnership with Hines Corporation featuring rotating exhibits of their photography at the Wells Fargo Building on the Capitol Mall. They have piloted a Holocaust art service project at St. Patrick's Succeed Academy and plan to produce additional projects throughout the community this year.

I am honored to work with such passionate students in an exceptionally vibrant visual arts program. I value the support of my department Chairperson, Adan Romo, and the St. Francis Administration who encourage the continued education of its faculty. ❖



SARAH WARADY '14 SELECTED TO THE ALL STATE HONOR BAND

Sara Warady '14 has been selected to the All State Honor Band. Orchestra Director Horatio Edens describes Sara's clarinet playing as "refined and mature." The California Band Directors Association, a professional organization for school band instructors throughout the State from all levels of public, private, and collegiate educational institutions, hosts the California All-State Honor Bands. Once a year auditions are held and students are selected from all parts of the state to put together some of the finest high school and junior high honor bands in the nation.



THE ARTS

WINTERFEST

Digital Photography 2 students developed an exciting collaboration with the Dance department to create thematic works with dancers for the Winterfest Dance Concert. Winterfest, held on January 24-26, 2013 explored the Elements or founding principles behind science, art, music, literature and nature. The show used a wide range of styles depicting the emotional, physical, and intellectual meaning behind the various Elements. Along with the St. Francis Dance Company and St. Francis Apprentice Companies, featured guest performers included the St. Francis show choir and the Sacramento Taiko Dan youth company.

SF PLAYERS

On February 1-3, 2013, the 36 members of the 2013 St. Francis SF Players participated in the Lenaea High School Theatre Festival at the beautiful Three Stages Performance Center on the campus of Folsom Lake College. For three full days the SF Players watched shows, attended workshops and performed for judges, classmates and their theatre peers from other schools. Over 50 high schools and 1,000 theatre students attended the festival culminating in an awards recognition ceremony Sunday night. The SF Players earned the following awards:

Katie Collopy '14: Respondents Award (judges choice for excellence), Monologue

Leah Horner '13 and Kit Taylor '14: Original Script for Scenes, for "Target"

Tori Johnson '15 and Julia Eggert '15: Outstanding acting in a One Act Play

SF Players A Block: Gold (first place Stage Two), One Act ("Darcy's Cinematic Life")



1-3. Winterfest 4. Fall Musical: "Into the Woods" 5-7. Mrs. Watson and the SF Players 8-9. Christmas Concert



MEAGAN BENNETT
Lacrosse, NLI
St. Mary's College of California

LAUREN BRYAN
Lacrosse, NLI
Fresno State University

ALEXEY CHANDLER
Water Polo, invitation to play
Wagner College

KAITLYN COZENS
Water Polo, NLI
University of Michigan

MARISA KOLOKOTRONIS
Water Polo; invitation to play
Brown University

HANNAH LISERRA
Volleyball, NLI
Seattle University

BAILEY O'MARA
Softball, NLI
University of the Pacific

GABRIELLA PALMERI
Volleyball, NLI
Pepperdine University

MAILE SETO
Crew, NLI
The University of Tulsa

DANA VESTMAN
Volleyball, NLI
Montana State University

ALLIE WEGENER
Volleyball, invitation to play
University of California at Davis

NATIONAL LETTERS OF INTENT

In September, Trevor Horn wrote (Sacramento Bee 9/13/12) "Everything adds up for a big season for St. Francis High School's volleyball team... the roster is stacked with future collegiate players." The players lived up to pre-season expectations as the St. Francis High School volleyball team reached the State semifinals. Four members of the volleyball team were joined by seven additional student athletes at a signing event for National Letters of Intent or commitments to play collegiate sports on Wednesday, November 14, 2012.

SPORTING TROUBIES

BAILEY JONES '15, a competitive rock climber, trains with Pipeworks Gym four to seven hours per week, throughout the year. Rock climbing is a year-round sport with 'bouldering' competitions in the fall and 'top rope' competitions in the spring.

ALI VOGELSANG '13 is a fourth year rower with the Upper Natoma Rowing Club. Last summer she rowed in the Lightweight 4 which placed second at Nationals in Oak Ridge, Tennessee. A demanding sport, crew practices five to six days a week for nine months of the year. Ali and her team are outdoors no matter the weather conditions - 100 plus degrees or pouring rain. She discovered crew because her two older sisters also did crew, and Ali looks forward to rowing for four more years in college.

For eleven years, **MADELINE ORLANDO '14** has been riding horses. Her horse, Agility, is kept in Wilton, and while Madeline finds competition at a high level exciting, what brings her back time and time again is the amazing relationships she has with the animals. She finds horseback riding to be a partnership sport, as the bond between the rider and the horse can ultimately determine one's fate in the sport. Conditioning and practice are not only important for the rider, but also for the horse. Like all athletes, the horses must be in tip-top shape to compete at their best. After competing on the Northern California circuit for years, Madeline is reminded that this sport is more than just competing for ribbons and various prizes, it's about a friendship and a love that is greater than anything she could ever win.

MAILE SETO '13 has been rowing for nearly four years with Capital Crew in Gold River (Lake Natomas). At Youth Nationals, her Lightweight Four boat placed fourth in the nation. The following fall, the Four Boat placed first at Head of the American. In 2012 at Youth Nationals, Seto's Lightweight Eight placed second in the nation. Now in her senior year, Seto's Capital Crew Lightweight Eight placed first at Head of the American and the Newport Autumn Rowing Festival. This Troubie has a bright rowing future!

A coxswain with Capital Crew since her sophomore year at St. Francis High School, **MIMI DOWDELL '13** coxswains for the Varsity Men's team. She commands the Varsity 4, Light 8, and/or Junior Varsity 8 boats and has raced at the Newport Autumn Festival in Newport Beach, the Head of the American in Natomas, the Head of the Port in West Sacramento, and the British Columbia Championships in Victoria, Canada. Coxing a men's team has taught Dowdell to be a leader, and to balance school and an off site sport. She is not intimidated when working with older boys, and has developed the tools to be an assertive coxswain with rowing intelligence and the tenacity to win. Dowdell conveyed: "Taking command of boys was challenging at first, but earning their respect was essential to our success. I am a confident coxswain, which is crucial for being on a men's team."

*Bailey Jones '15, Madeline Orlando '14,
Mimi Dowdell '13*



ANNUAL FOOD DRIVE

In October 2012, Sacramento Emergency Foodlink and the Elk Grove Food Bank were the beneficiaries of the annual St. Francis food drive. Students collected 131,216 cans and packages of nonperishable food items, breaking last year's food drive record by 30,000 items.

Donated food included 1,008 ounces of baby formula, 17,328 cans of food from Raley's, 9,952 cans of fruits and vegetables, and an amazing 77,000 boxes of Mac and Cheese (courtesy of John Foraker, CEO of Annie's, Inc. and father of Mary Kate '13)

Mary Meagher '99, Sacramento Emergency Food Link Director of Public Relations and Development, joined the St. Francis student body for the prayer service celebrating the kick off of Spirit Week and the end of the food drive. She reported the drive garnered 86,178 pounds of food. Sacramento Emergency Foodlink serves over 150 agencies and food closets throughout the Sacramento community.

WEST COAST WALK FOR LIFE

On Jan. 26th, Troubies and SF teachers showed up in force for the West Coast Walk for Life in SF. www.walkforlifefwc.com



CHRISTIAN SERVICE PROGRAM

Between June 1, 2011 and June 1, 2012 St. Francis students performed 30,062 hours of service, a school record. The St. Francis Christian Service Program strives to make service more than just a requirement, but rather a means of building friendship and fellowship both on and off campus. We are blessed with truly generous and talented young women. In addition to the total number of hours served, the number of average hours per students also rose.

TOP AGENCIES SERVED LAST YEAR BY ST. FRANCIS STUDENTS

St. John the Baptist Parish & School	370.5 hours
Hands for Hope: Youth Making a Difference	372.25 hours
St. John the Evangelist Parish & School	395.5 hours
Holy Trinity Parish & School	405.25 hours
St. Mary Parish & School	417.25 hours
Crisis Nursery	444 hours
Therapeutic Recreation Services (TRS)	473.25 hours
Higher Learning Academy	494.25 hours
St. Patrick SUCCEED Academy	516.25 hours
Bayside Covenant Church	580.25 hours
Camp ReCreation	788.25 hours
Eskaton (all locations)	904.5 hours
St. John's Shelter	2,295.25 hours



Emma Rosas '13, a Christian Service Leader, at Camp ReCreation.

Taylor Kandris '13 organized a team for the Making Strides Walk Sacramento in October 2012. Her team, "Crowns for a Cure" an organization she started when she was 13 to benefit breast cancer research and awareness, was honored to become a Blue Ribbon Pacesetter team raising over \$2,100 for the American Cancer Society. She has organized and hosted several major fundraising events over the past four years and has raised over \$10,000 for breast cancer.



"As a tutor at Adult Education, I help students read, write, and practice speaking English. One time, however, I was assigned to teach a class. Little did I know that I was the student that day, the one learning a valuable lesson. I read the directions for the class activity aloud: "What is your job?" Such a simple question, but many did not have an answer. So, I told them to write down their dream job. As the students shared their dreams with me that day, I realized how fortunate I was to be surrounded by them. People who must have been taken for granted so many times in their lives, yet they were still there trying to better themselves. And, they were happy. These students taught me about determination, effort, and humility through the simple example of their lives. But most importantly, they showed me the true meaning of passion, and helped me identify my own. They encouraged me to find what I want to be in life. If asked a few years ago, I would have said that my sole goal in life was to be successful. But ask me the question now, after my experience at Adult Education. What do I want to be in life? I want to be happy."

- Vida Sandoval '13



SUMMER SERVICE TRIPS

TROUBIES IN THE BRONX

By Margot Wagner '13

This past summer I was lucky enough to be a part of St. Francis' first service trip to the Bronx. Eleven other students and I accompanied Mr. Foley and Mrs. Sandoval for a week of fun, adventure and, most importantly, service.

We spent two days working at a soup kitchen called *Part Of The Solution*. We worked side by side with the staff members, serving a sit-down meal to around 300 people on both days --but we did a lot more than just feed people. We learned about the different types of hunger: "the hunger for a shower, the hunger for respect, the hunger to relax." P.O.T.S. worked to satisfy all kinds of hunger, and so did we. With a new outlook on hunger, we served all the meals with "sides" of respect, conversation, and compassion.

Read more about the St. Francis High School Service Trip to New York at www.stfrancishs.org/reflections.

SAN DIEGO SUMMER SERVICE

By Ellen Dahl '13

I was privileged to participate in St. Francis' San Diego service trip during the summer of 2012. Along with the rest of the St. Francis team, I served the people of San Diego for five days in the neighborhoods Barrio Logan and Logan Heights. Our service trip was organized by Young Neighbors in Action, a national organization that brings teens together to help a variety of neighborhoods, including the San Diego neighborhoods.

Initially, in the Barrio neighborhood, the St. Francis team cleaned the streets and alleys, weeding and raking and removing debris. We learned from the leaders and founders of the Barrio Station, an amazing youth center, that cleaning streets helps reduce crime and may ignite others to begin cleaning up their own yards and homes. True to their word, shortly thereafter we witnessed an elderly woman walk out of her home and begin sweeping her porch. In addition, two Armed Services veterans approached us to express gratitude for our hard work. The weeding that we provided helps keep the alleys weed free for about two years.

Later during our week, we enjoyed the opportunity to work at Our Lady of Angels preschool and school. The St. Francis team painted the preschool and emptied the basement. We also cleaned the school and organized the library. This work, while hard, was fun. As students and teachers from the school were present, we were able to witness smiles of the people who are benefiting from our efforts. Especially satisfying was a project of St. Francis students' design -- painting the steps entering the preschool. The steps now are adorned with paintings of animals, characters, and handprints. When the students enter their new and fresh school, we hope these pictures will drive away any fears and inspire laughter and fun in learning.

Ellen Dahl's story about the St. Francis Summer Service Trip to San Diego continues at www.stfrancishs.org/reflections. ❖

LAUGHTER AND TEARS

By Kendall Cecchetti '15

What was like having a Japanese exchange student? Well, it was a week and a half of tears, laughs, and struggling to find words that our exchange student Kyoko understood. It was hard to make my parents agree to host an exchange student, but I kept asking until they said yes. I'd always wanted to be a host sister since I had my experience as an exchange student in Australia last summer. On the day Kyoko arrived, we got off to a great start with introductions, many hugs and hilarious, failed attempts to communicate. Later that night, we managed to find a few online translators, which helped so much! Dinner was the best part, though. My mom saw some geese flying by the window and proceeded to point at them and shout, "Geese! Honk! Honk!" while she flapped her arms. She was trying to teach Kyoko some new words, but all it really accomplished was making everyone laugh!

See more of Kendall's description of life as a host sister at www.stfrancishs.org/hostsisiter.

NAKAMURA GAKUEN VISITS SF

In March 2013, thirty students from our sister school, Nakamura Gakuen Girls' High School in Fukuoka, Japan, visited our campus and stayed in the homes of our families. In addition to daily language classes and visiting occasional classrooms with their host sisters, activities for the group included tours of the Cathedral of the Blessed Sacrament, the State Capitol Building, the Jelly Belly Factory, and the Railroad Museum; excursions to the Zoo, Fairytale Town, and Old Sacramento; and scrapbooking sessions to help the visiting students chronicle their adventures. A day exploring San Francisco capped off their ten day trip before boarding their flight home.

1-6. Summer Service in the Bronx
7-12. San Diego Service Trip

MY FAVORITE THINGS ABOUT THE NEW BLOCK SCHEDULE

By Maia Evrigenis '13

1. If you have a free block you have SO MUCH TIME! You have time to get homework done but also hang out with friends. It's really easy to find a balance of social time and school work time with the longer blocks.
2. Students are more engaged in class because they know they're going to be there for awhile so they might as well participate.
3. Everyone is so much happier on campus because they didn't wake up at the crack of dawn for zero block! I never see girls zoned out during the first class of the day any more. People are ready to go and feeling good.
4. Because there are only two lunch blocks there is a greater sense of community at school. I can already see "cliques" being broken down in the senior class as a lot of groups are sitting together because of mutual friends and such.
5. Teachers are always prepared because they have more time to do group activities and lecture.

Thank you so much for organizing the new schedule, Mr. Hrga! It is awesome, and everyone I've talked to agrees with me!

CHALLENGE SUCCESS

By Ann Marie Faires, Asst. Principal for Student Affairs

St. Francis High School continually strives to meet the needs of the whole student. In 2011 we established a partnership with the School of Education at Stanford University and became a member of *Challenge Success*. Creating wellness, achieving balance and minimizing stress is an ongoing process. Being an official Challenge Success school is part of this process, one of which we are extremely proud.

Members of our school's Challenge Success team meet quarterly and participate in bi-annual conferences at Stanford University. Guided by national experts and Challenge Success founders Madeline Levine, Ph.D., Jim Lobdell, M.A., and Denise Pope, Ph.D. and dialogue with other Challenge Success schools, identify areas of growth and implement research-based solutions on campus to reduce stress on our students and minimize academic and emotional problems.

A recent change to our schedule has already made a positive impact. In 2011-12 we identified our daily schedule as a potential source of student stress. Students met every class each day, faced an abundance of material, and frequently incurred homework in each subject. A steering committee researched and presented options to the community that resulted in the adoption of a block schedule this year whereby classes meet for the same number of minutes, but in longer blocks fewer times per week. There is a noticeable change in atmosphere on campus - more relaxed and less hurried - and an overwhelming consensus that the new schedule is working well. ❖



KUMU HULA LAUREN KANOHEAOKALIKOLAU'A'E MACUGAY



Lauren Macugay, Executive Assistant to the Principal at St. Francis, has been dancing hula most of her life. Lauren trained in hula under Kumu Hulas (hula teachers) Buddy Koakanu Carson of San Francisco, Naomi Leina'ala Kalama of Sacramento and Frank Kawaikapuokalani Hewett of Hilo, Hawai'i. When she became an employee at St. Francis High School eight years ago, many fellow staff members encouraged her to teach hula. In 2005, she prepared a group of seniors for a hula performance at "Pearl of the Orient," an annual dinner dance put on by the St. Francis Filipino Families and Friends. That ignited the St. Francis community's passion for hula. Lauren has been teaching hula ever since, first as a club and now a class that earns PE credit. Hula performances have become a mainstay of special events on and off campus.

Three years ago Lauren was presented with an opportunity to apply for a scholarship to train under the world-renown hula master, composer and cultural leader, Frank Kawaikapuokalani Hewett. Lauren was one of only ten hula teachers in all of California chosen to receive this prestigious scholarship.

The journey on which she embarked was one of great intensity, a concentrated course to become a certified Kumu Hula. It was a 3-year program equivalent to earning a Master's Degree in hula and required incredible determination, focus, strength, and, Lauren admits, sleep deprivation. In a ceremony on the Big Island on May 24, 2012, Lauren and the other class members celebrated their 'Uniki (graduation) as Kumu Hulas. Lauren was given the name "Ka-Nohea-O-Ka-Liko-Laua'e" which translates to "the beauty of the young lau'a'e leaves." The teacher joined all of the classmates' names into a lei, incorporating the word lau'a'e into each name in honor of their class, which is called the "Papa Laua'e" after the lau'a'e fern often used in hula.

Lauren will continue to share her knowledge of the Hawaiian culture through hula with her students. She also teaches hula outside of St. Francis at Kūhai Hālau O Kanoheaokalikolaua'e (Academy of Kanoheaokalikolaua'e.) Lauren expresses how blessed she feels to be able to share her passion for hula with her students and the St. Francis community as she strives to perpetuate her hula lineage. She attributes her success in big part to the love and support of her family, peers, and the administration at St. Francis. ❖

UPDATE: iPad PROGRAM

By Ivan Hrga

Since the October 2012 announcement of St. Francis High School's iPad one-to-one initiative, the administration and faculty have been working diligently to ensure a successful transition to the tablet devices for the 2013-2014 school year. Director of Technology Lori Dwyre has been preparing the infrastructure to support the arrival of 1100 iPads on campus: updating cabling, strengthening the network, expanding wireless service, and securing extra bandwidth. We are also developing the school's *Acceptable Use Policy* and will hold parent information evenings this spring. Courses for which we anticipate the use of digital textbooks include Biology, Physics, World History, Geometry, AP Computer Science and Integrate Science, with additional subjects rapidly becoming available.

St. Francis teachers have been experimenting with the use of iPads in the classroom throughout this pilot year and additional preparations continue for full implementation in the fall. In early February, representatives from Apple, Inc. provided training for administrators and department specialists – teachers designated to spearhead professional development and provide support for members of their departments. The leadership group explored the characteristics of today's learning environments and solidified a vision and plan for implementing Apple technologies at St. Francis. The team was energized by demonstrations of apps such as iBooks, iTunes U, Pages, Numbers, Keynote, iMovie and iPhoto as classroom learning tools.

The leadership team and the rest of the faculty continue to collaborate on best practices in using iPads in the classroom. Over the course of the semester they are gathering for "working lunches" to share and present ways they have been using the devices effectively in their day-to-day teaching. In March, a staff in-service day will offer intensive training by David Mahaley and Timothy Hall of the iPad Initiative at Franklin Academy in Wake Forest, North Carolina. (ipadfa.wikispaces.com)

What is noteworthy on this road we travel is that we are not travelling alone. With so many iPads deployed across the country, there is a large community of schools offering support and sharing ideas as we build our program and as they build theirs. We remain committed to fostering the strong student-teacher relationship in the classroom that has been a hallmark of the educational experience at St. Francis High School as we explore the new dynamic in teaching presented by iPad technology. It's sure to be an exciting journey. ❖



WHY iPADS?

Research demonstrates the iPad:

- ♦ supports essential skill areas — complex communication, new media literacy, creativity, and self-directed learning.
- ♦ engenders an incredibly immersive and active learning environment and unprecedented opportunities to develop personalized, student-centered learning.
- ♦ facilitates beneficial consumption, curation, and creativity activities.
- ♦ inspires student empowerment.
- ♦ affords improvements in teacher management of classroom time and space.
- ♦ provides incredible flexibility to vary learning activities at a moment's notice.

"...with iPads students have the world at their fingertips — anywhere they might be — and the only limitation to what students might do in this vast space is the vision of educators. Increasingly a 21st century education is less about place and more about space. And the iPad has become the leading device in which students can navigate and create exciting new worlds."

Source: edudemic.com

FOCUS ON WELLNESS

By Mrs. Chyrissee Lee, LMFT, SFHS Wellness Counselor

On January 9, 2013 St. Francis High School hosted Harriet Turk, one of the top female motivational speakers in the United States. Her presentations to parents and students focused on the topics of peer conflict, bullying and internet safety.

The Wellness Assembly was opened by Molly Baker '13 who shared with us her amazing photography project on resilience entitled "The Wash Away Project." She courageously shared some of her own personal struggles and told her peers, "I created this project for you. For anyone who has felt like me and for anyone who needs a little resilience in their life. Struggles do not define where your life will take you. The important thing to remember is to have the heart and resilience to 'wash away' your struggles and move forward because of them."



Harriet Turk has worked with thousands of people encouraging them to develop their leadership skills, find their personal power and to live a healthy lifestyle. She believes we can create positive change in our friends, our communities and ourselves. On this day, she encouraged each of us to reach out to others and make a difference. Her presentation ended with a collective chant from the energized student body: "I am Somebody Special, if you don't like me, TOUGH! Cuz I am Cool enough, Smooth enough, and doggoe it, I am Hot enough TO BE WHO I WANT TO BE!" ❖

EVENTS

GOLF TOURNAMENT 2013

Thursday, May 9th
2:00PM Shotgun

William Land Park Golf Course

Pull out your clubs and put on your argyle socks! On Thursday, May 9th the SFHS Booster Club will hold its annual golf tournament with a new twist. The emphasis will be on fun and the play will be shorter - 9 holes - at Land Park Golf Course. After the round, golfers will be invited to participate in the inaugural "Shoot Out Under the Lights" that will be held along with a casual, open-air post party featuring food and beverage provided by the famous Booster Club bartenders and grill masters! The post-party will be open to all supporters of the school and will include music.

To emphasize that the event is about the girls and their sports, each hole will feature a SFHS team activity. For example, one hole may challenge golfers to post the most consecutive lacrosse passes, while the next may ask players to hit a goal with a water polo ball while steadying on a large balance ball. Equipment and judging will be provided by the very Troubies who excel in the sport! Game on!

With the shortened format, the entry fee will be less than was charged in previous years, and participants won't have to miss a full day of work. The format maintains the spirit of the event - to support the student athletes of St. Francis - while also accommodating the busy lives of our supporters in a fun, casual, slightly competitive atmosphere.

Special thanks go to our new event chair - James Fitzgerald (Abigail '16), and immediate past chair - Scott Sadler (Jane '14) who have worked this winter on the updated format and early plans. If you would like to join them in setting a new pace for Booster Club fundraising, please contact Melissa Deiro, SFHS Advancement Associate for Special Events: mdeiro@stfrancishs.org.

Please mark your calendar for 5/9/13. We look forward to seeing the course dotted with golfers in red and gold - perhaps even a little argyle!

GOLF TOURNAMENT 2012

On Monday, May 14, 2012, 90 golfers teed up and enjoyed a beautiful day at Del Paso Country Club. The fun started with a delicious Booster Club barbeque lunch followed by 18 holes on a perfect May day. Many thanks to Tournament Co-Chairs Molly Geremia Wiese '81 and Scott Sadler and their outstanding committee: Sherry Carrillo, Alison Corfee, Jennifer Eason, Greg Hovious, Julie Laskin, Cheryl Lieu, Heidi McKim, Brian Mulholland, Cheryl Nightingale, Tammy O'Brien, Anne Geremia Sadler '80, Kristi Spector, and Wendi Witmer Wegener '84. The proceeds from the event will help fund the great athletic programs for the young women of St. Francis.

Special thanks to Five Star Bank, James and Tracy Beckwith, for being the Booster Barbeque Lunch Sponsor and as well as to our many Flagstick Hole Sponsors: James and Jennifer Fitzgerald, Pacific Housing, Inc., Spector Weir, LLP, Alan and Julie Laskin, Roebelen Contracting, Inc, Caltronics Business Systems, Cheryl Lieu and Kelvin Mark, C.A.S.E. Medical Group, Inc., L and D Landfill Limited Partnership, Tim and Kim Lien, SFHS Volleyball Team, SFHS Lacrosse Team, SFHS Soccer Team, SFHS Basketball Team, and the SFHS Golf Team. Thanks, also, to the Friends of the Tournament, the golfers, prize donors, silent auction and raffle donors. ❖



1. Kevin McKim, Mark Grotewohl, George Miller, Fred McLaren 2. Molly Geremia Wiese '81, Angela Kufasimes Gianulias '86, Kristi Spector, Julia Kelly 3. Pam Elmets, Heidi McKim, Anne Geremia Sadler '80, Tammy O'Brien, Sherry Luman-Carrillo '90 4. Shawn Bennett, Rick Barthels, Cathy Mulholland, Tim Conway, Brian Mulholland 5. Tim Lien, Gigi Mar, Kim Lien, Alison Corfee 6. Erin Johansen Cook '84 & Bob Cook, James & Jennifer Fitzgerald

Booster Club Golf Tournament

William Land Golf Course

Front Row: Bailey Boone '15, Basketball & Softball; Meagan Bennett '13, Lacrosse; Bailey O'Mara '13, Softball; Eleanor Ferguson '13, Cross Country, Track & Field; Marisa Zanobini '14, Water Polo, Swimming; Field; Skylar Saca '14, Softball; Noelle Santana '13, Lacrosse; Allison Kles '13, Cross Country, Track & Field; Back Row: Colleen McClain '15, Lacrosse; Kim Lackner '13, Cross Country, Track & Field; Sarah Conway '13, Soccer; Maggie Oys '16, Water Polo, Basketball; Marisa Boras '13, Basketball; Marisa Kolokotronis '13, Water Polo, Swimming; Sofia Deiro '15, Basketball; Natalie Dowd '13, Lacrosse; Gaby Palmeri '13, Volleyball; Emily Reini '15, Water Polo, Swimming; Katrina Woolgar '13, Tennis; Karly Hammack '13, Water Polo, Swimming; Madison McKim '15, Lacrosse

AN EVENING OF
TRADITION & ELEGANCE
Where Town Meets Country

Revelry Surpasses Half Million Mark

Revelry 2012, held on October 27th, raised \$571,000 to support the operations and educational programs of St. Francis. Surpassing the half million mark represented a 16% increase over last year's earnings and double the earnings from just two years ago. In the fundraising world, this is an exceptionally positive trend, and the thanks go directly to our many dedicated supporters and volunteers.

Chairperson Wendy Miller lent her talent, focus, enthusiasm, and work ethic to the unprecedented success of the event. With the theme of *An Evening of Traditional & Elegance, Where Town Meets County*, the campus was transformed into an enclave of East-Coast style and sensibility. The festivities included a delicious dinner prepared by Chef Patrick Mulvaney of Mulvaney's B & L. During the live auction, the crowd learned of the Giants 2-0 win in game three of the world series. Spirits were subsequently raised, as were bids!

Presenting Sponsors

Special thanks go to John and Sandra Geary Cook '55 for their continued support of Revelry and St. Francis High School. In addition, to being a presenting sponsor, the Cooks contributed \$28,000 towards the development of Studio Troubadour (see below). Revelry's other presenting sponsor and significant Revelry supporters are Kathy and Pat McClain, representing Hanson McClain. Their continued support is also greatly valued.

Studio Troubadour

This year's "Hands Up for Troubies" donation request was to equip and retrofit an existing green room in the Arts Building with state-of-the-art media and cinematography equipment to create Studio Troubadour. The budget to implement the studio was \$80,000 and we are pleased to report that the program has been fully funded through the monies raised at Revelry and contributions made after the event. ❖



Jake Parnell, Auctioneer, Wendy Miller, Revelry 2012 Chair, Margo Reid Brown '81, President, Kellie Randle, Revelry 2012 Acquisition Chair, Chris Micheli, Liza Micheli, Parents Guild President

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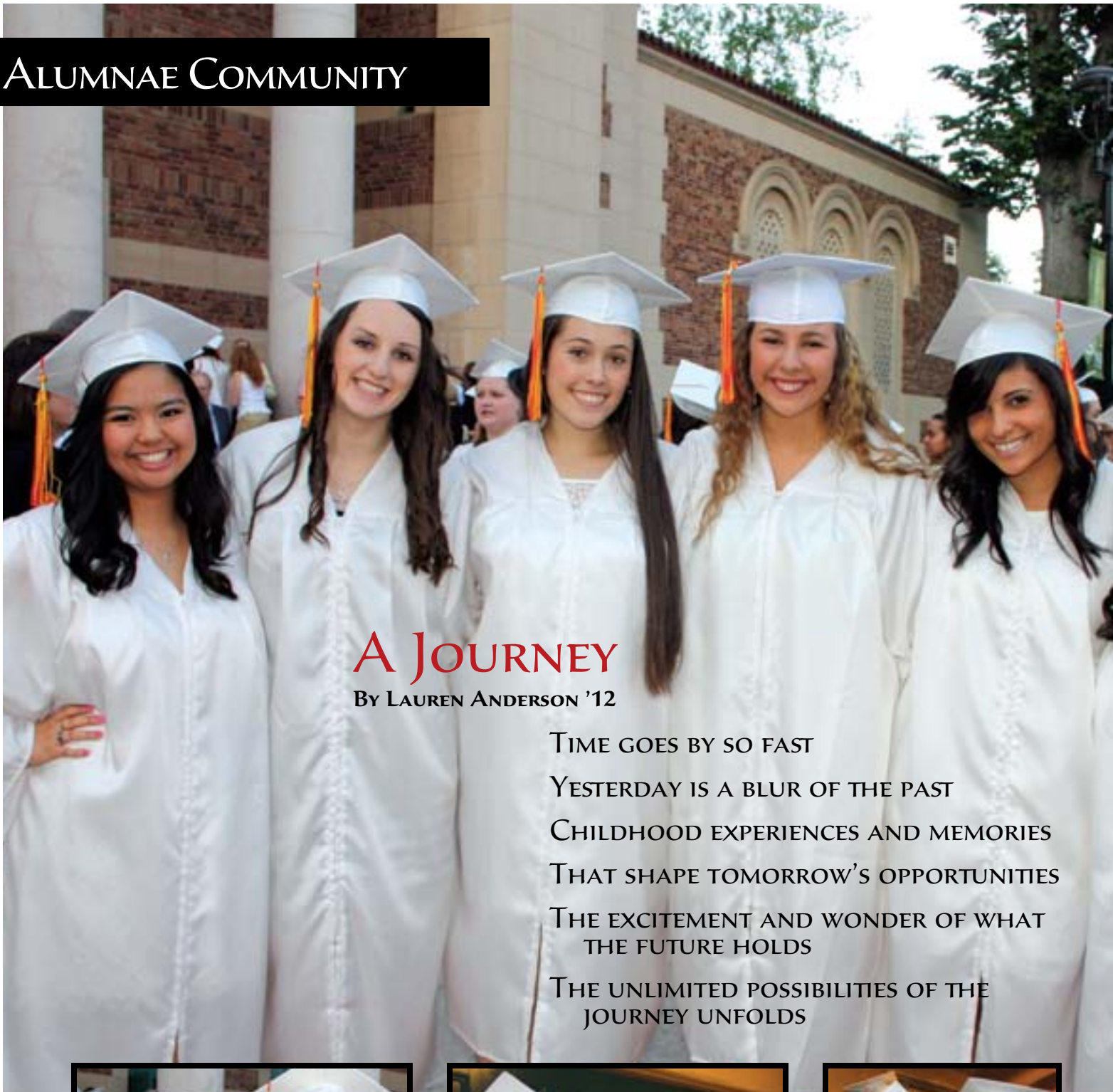
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ALUMNAE COMMUNITY



A JOURNEY

BY LAUREN ANDERSON '12

TIME GOES BY SO FAST

YESTERDAY IS A BLUR OF THE PAST

CHILDHOOD EXPERIENCES AND MEMORIES

THAT SHAPE TOMORROW'S OPPORTUNITIES

THE EXCITEMENT AND WONDER OF WHAT
THE FUTURE HOLDS

THE UNLIMITED POSSIBILITIES OF THE
JOURNEY UNFOLDS





OUR NEWEST ALUMNAE

With the principles of Catholic Social Justice Teaching instilled in us, we have been reminded to answer our call to serve, just as Jesus did. Following the example of our patron saint, St. Francis of Assisi, we have preached the Gospel and shared God's love with others in our community not by what we say, but how we act and live. Knowing that we are together for each other, that we are called to love and serve, that all creation gives glory to God, and that we are formed in the Spirit, united in justice and peace, we have exceeded the bounds of our comfort zones to touch the lives of others. It may have been tutoring a student at a Core Agency, or helping the elderly at Eskaton, or going on a summer service trip to Washington DC, but this Spirit of St. Francis, this Spirit that works through each of us, reminds us to fulfill a greater purpose. All in all, we strive to emanate Pax et Bonum, peace and goodness, in whatever we do.

HANNAH GONZALES '12

Excerpt from Baccalaureate Address

Through the encouragement, guidance, and trust of our parents, teachers, and counselors, today, we celebrate our 720th day together. 720 days of tests, homework, and essays. 720 days of trying to figure out what schedule it is. And 720 days of crazy St. Francis fun. But it is not the completion of the 720th day that we should be celebrating; rather, it is the collective contribution of each day that prepares us for the 721st day and all days thereafter. Each day, albeit only twenty-four hours, assumed significance as we gained the opportunity to learn something new about ourselves, about others, and if we were lucky, something school-related too. One day. One seven hundred twentieth. To an average math teacher, this number may seem insignificant. He or she may in fact encourage you to round it to zero. But if a person accumulates seven hundred and twenty of these, she has one: one complete high school experience. It was not the grand events, projects, and accomplishments that came to define us, but rather how we lived, how we acted, and how we expressed God's love each of those 720 days.

ABIGAIL JOHNSON '12

Excerpt from Valedictory Address

...When I consider all of these daily occurrences, I realize that St. Francis is not just a school but an experience—an experience that unites the members of this community in a steady and fulfilling lifelong bond. We are closely tied to the pleated, seamless cloth we have donned each day for the last four years; every bit of birthday cake frosting wiped on our skirts has left its mark of indescribable sweetness on our hearts, teaching us the inherent value manifested in simple displays of love. Every yellow paint smear from spirit week that decorates the blue and white checkers reminds us of the importance of teamwork, creativity, and enthusiasm in our lives. For every curiosity that has been satisfied, we have developed a new interest, fostered by the intellectual rigor of our St. Francis education and a genuine desire to learn.

OLIVIA GODBY '12

Excerpt from Valedictory Address

TOP: SABRINA MAYO, LAURA MAYHOFER, PAULINE LOYA, SAMMI HAWES, NOEY BRISBANE, RACHEL PATRON; **LEFT:** BLAIR MITCHELL & KRISSIE ALAN; **MIDDLE:** KATIE GARNETT, MADDIE JAIME, OLIVIA GLATT; **RIGHT:** OLIVIA GODBY & HANNAH GONZALES



1



2



3

1. LIA SBISA, ABBEY SCHEID, ERIN SCHELLER, ASHLYN SCHMITGEN
2. KAMALI HOUSTON, CHARLOTTE STEWART, MADELEINE STANLEY, MONICA YASSEAR
3. KENDALL JOHNSON, ALLISON KANG, BISHOP SOTO, LAUREN KOLL, EMILY KOON, ALEXANDRIA KOMLENIC, KATIE LATHROP
4. ABIGAIL BISI, BRYCE BECKWITH, GABBY BLANCHETTE
5. KAITLIN ZABLOTSKY, EMILIE UHRHAMMER, MISSY WYNNE, TANYA ZIELKE, BIANCA VELEZ
6. CLAIRE ROSBURG, MADI KILIAN, KAITLYN MACAULEY
7. MEGAN HOCK & KAT HARDIN

WE PRAY...

Lord, we are gathered today in gratitude to you and to celebrate the beginning of new opportunities and experiences.

Thank you God, for being you,
 for being so generous to us and loving us unconditionally,
 for giving us a multitude of opportunities,
 helping us to grow in the experiences of joy and suffering,
 forming us into who we are today,
 for giving us the people in our lives,
 for having created us into unique individuals,
 and for loving us for whom we are...

Thank you for blessing us with the opportunity to attend St. Francis High School.

It has led us to know you on a deeper level and through different ways.

Thank you for granting us the privilege of a well-rounded education of academics, faith and life.

We pray that we never lose what we have learned here and continue to grow in your love and friendship.

MARIE L'HERMINE-WATKINS '12
Excerpt from Graduate's Prayer 2012

I think that the best characteristic of St. Francis is that it is a community of hard working students striving to reach their goals. St. Francis is a place to learn and reach out to the unlimited possibilities.

LAUREN ANDERSON

St. Francis is a loving community and has enabled me to be the person that I am. I am very comfortable and happy here.

SARAH CORNETT

I have enjoyed the last four years, and I can't believe I am leaving. I am going to miss everyone so much, and I'm not sure I will ever find a community as welcoming and loving as this one. I really have enjoyed all of the activities and retreats and opportunities to connect with people. I have gained so much and I will take it with me wherever I go.

SOPHIE DELEON

I truly have loved SFHS and I will never forget the amazing times that I have had here and all of the friendships that I have made.

SYDNI FLEMMER

It is unfathomable to describe my feelings and thoughts towards St. Francis. I thank all the teachers and staff members at St. Francis for their hard work and all my friends who encouraged me to be a better person and taught me invaluable lessons.

HYANG EUN (HELEN) PARK

I love this school. From the moment I came here, it's been my home, and I am so extremely grateful for all of the experiences that I've had here.

CLAIRE ROSBURG

I think the best characteristic of St. Francis is its proud acceptance of each student the way she is. Going to a school where girls hardly ever wore make up, where they weren't afraid to be themselves because they might be judged, and where girls form relationships over a difficult test or a favorite class. So many people are unabashedly real that making friends with everyone was easy, and enjoyable.

KATIA STE



THE 275 GRADUATES OF THE ST. FRANCIS CLASS OF 2012 ARE NOW ENROLLED IN THE FOLLOWING 105 COLLEGES AND UNIVERSITIES:

American River College
 Arizona State University
 Azusa Pacific University
 Boise State University
 Brigham Young University, Idaho
 Brown University
 California Institute of Technology
 California Polytechnic State University, San Luis Obispo
 California State University, Chico
 California State University, East Bay
 California State University, Monterey Bay
 California State University, Sacramento
 California State University, San Marcos
 Case Western Reserve University
 Cebu Doctors' University
 Chaffey College
 Chapman University
 Colorado School of Mines
 Columbia University
 Concordia University - Portland
 Cornell University
 Cosumnes River College
 Creighton University
 Dominican University of California
 Duke University
 Folsom Lake College
 Franciscan University of Steubenville
 Georgetown University
 Georgia Military College
 Gettysburg College
 Gonzaga University
 Grand Canyon University
 Hampton University
 Harvey Mudd College
 Humboldt State University

Louisiana State University
 Loyola Marymount University
 Loyola University Chicago
 Loyola University New Orleans
 Mesa Community College
 Montana State University, Bozeman
 Mount Holyoke College
 New York University
 Northeastern University
 Northern Arizona University
 Northern State University
 Pacific University
 Pepperdine University
 Pitzer College
 Pomona College
 Portland State University
 Regis University
 Sacramento City College
 Saint Mary's College of California
 San Diego Mesa College
 San Francisco State University
 San Jose State University
 Santa Clara University
 Seattle University
 Sierra College
 Sonoma State University
 Southern Methodist University
 Stanford University
 Syracuse University
 Texas Christian University
 The Catholic University of America
 The University of Alabama
 The University of Arizona
 The University of Montana, Missoula
 The University of North Carolina at Chapel Hill

United States Naval Academy
 University of California at Berkeley
 University of California at Davis
 University of California at Los Angeles
 University of California at Merced
 University of California at San Diego
 University of California at Santa Barbara
 University of California at Santa Cruz
 University of Colorado at Boulder
 University of Dallas
 University of Denver
 University of Kentucky
 University of Louisiana at Monroe
 University of Miami
 University of Michigan
 University of Minnesota, Twin Cities
 University of Nebraska at Lincoln
 University of Nevada, Reno
 University of Notre Dame
 University of Oklahoma
 University of Oregon
 University of Pennsylvania
 University of Portland
 University of San Diego
 University of San Francisco
 University of Southern California
 University of the Pacific
 University of Tulsa
 University of Washington
 Washington State University
 West Virginia University
 Whitman College
 Whitworth University
 Yale University
 Yuba College

ALUMNAE COMMUNITY

MERCY McMAHON TEA PARTY

By Erin McGuire '95

On April 29, 2012 the Alumnae Association spent a lovely afternoon with the residents of Mercy McMahon, sipping tea and enjoying musical performances by Courtney Glass '01 and Eileen Boyd, accompanied by their pianist Chris Schlagel. All of the songs they sang were wonderful, but the highlight of the day was Courtney singing *You Made Me Love You*, and just about every resident singing along and clapping. This song appeared in the film *Broadway Melody* in 1938, with Judy Garland singing to a photo of Clark Gable. The residents truly lit up and we could see that this song brought back many fond memories for them. The Tea Party is an annual tradition and all are welcome.



ALUMNA AND HER CLASS RING REUNITED AFTER 42 YEARS!!

Santina "Tina" (Mandella) Luce, graduate of Bishop Armstrong class of 1958, was finally reunited with her class ring after she thought it was lost for a lifetime. In 1971, she loaned the ring to her teenage daughter who had begged to wear it. Shortly thereafter, Tina's daughter sadly reported that she had lost the ring and all involved thought it would never be seen again. Life went on and Tina's daughter grew up and had a daughter of her own. Tina thought of the ring over the years, but with Bishop Armstrong closing in 1964 there was no chance of replacing it.

That was sure to be the end of the story until last November when two friends, Jim Miller and Rob Brugger, were building a pathway in the front yard of Jim's Curtis Park home. As they loaded up Rob's truck with excavated dirt, Rob noticed a shiny ring sitting on top of the dirt!

The two stopped work and focused on the object that mysteriously unveiled itself. Jim, a reporter in the Sacramento bureau of the *Riverside Press-Enterprise*, cleaned the ring and, along with the help of his wife, Ellen, utilized a high resolution scanner to determine that it was from 1958 with the initials TAM engraved on the inside. They discerned that the crest was parochial and that it resembled St. Francis's crest. As fate would have it, Rob had an aunt who was a nun in Sacramento. Through her life's work, he was familiar with the history of the area's Catholic schools and knew the historical connection between Bishop Armstrong and St. Francis High School. Jim subsequently contacted St. Francis and together with the staff they were able to trace the ring back to its original owner - Santina "Tina" Mandella (TAM).

This past December, Tina, Jim and Rob met at St. Francis where Tina was reunited with her ring after a separation of over four decades! Tina was thrilled to have it back. She conveyed to the gentlemen that her granddaughter would soon be moving back to Sacramento after having graduated from college, and Tina's intention is to give her the ring. ❖



ALUMNAE COMMUNITY

2012 MODEL UNITED NATIONS GRADS CONTINUE TO LEAD

KRISTEN CICHOCKI

ATTENDING SOUTHERN METHODIST UNIVERSITY (SMU)

Kristen's positive attitude and can-do outlook made her invaluable in her role as St. Francis MUN team captain. At SMU, she was elected to serve as dorm representative on both Community Council and the Residents Hall Association (RHA). She joined SMU's Habitat for Humanity team and spends every Saturday morning building homes in low income neighborhoods in Dallas. She has also worked with SMU's Alternative Breaks Program planning service trips to New York, Florida, and Guatemala.

"The St. Francis Model United Nations Team taught me an enormous amount about myself and my values. Learning about and acknowledging problems around the world has led me to place service to others as one of my greatest priorities and has inspired me to pursue a double major in Management Science and International Business."

– Kristen Cichocki



Hannah, Kristen & Sarah at the MUN Conference at UC Berkeley in March 2012

SARAH CORNETT

ATTENDING WHITMAN COLLEGE

As team captain, Sarah's quiet and thoughtful leadership style added considerable maturity to the St. Francis MUN team. At Whitman, she serves as a reporter for the school newspaper, hosts a radio show and is involved with a campus group researching and implementing sustainable development projects in a village in Guatemala. She is also involved in the Adopt a Grandparent program in her community.

"Researching water quality and education issues in MUN has enabled me to understand things that I now am actually doing myself. It's been unbelievably rewarding to take my prior knowledge from MUN topics to work towards something that is going to help actual people. We're focusing on water quality and education this year and I can't begin to describe how the skills I gained are helping me know where to start. It makes me so happy and excited to know that I'm doing something this meaningful."

– Sarah Cornett

HANNAH GONZALES

ATTENDING YALE UNIVERSITY

Hannah's humility and focused execution grew the St. Francis MUN team exponentially. She served for two years as team captain and was also the Secretary General of SFMUN1, the first MUN conference for middle school students hosted by St. Francis MUN. Now, Hannah is a member of the Yale MUN team (MUNTY). She staffed the Security Council Simulation at Yale (SCSY) on the Supreme Court Committee and was selected to serve as Assistant Secretary General for YMUN 2013 (Yale's high school MUN conference). She also joined the Hemispheres Program which teaches New Haven high school students MUN and international relations topics.

"As part of my interview [for Hemispheres], I was required to give a sample lesson about a global affairs issue I am passionate about. And guess what I chose: women's rights in the Middle East!* I'm so happy to be here. I miss SFHS and all my Troubies. Nothing beats the SF spirit."

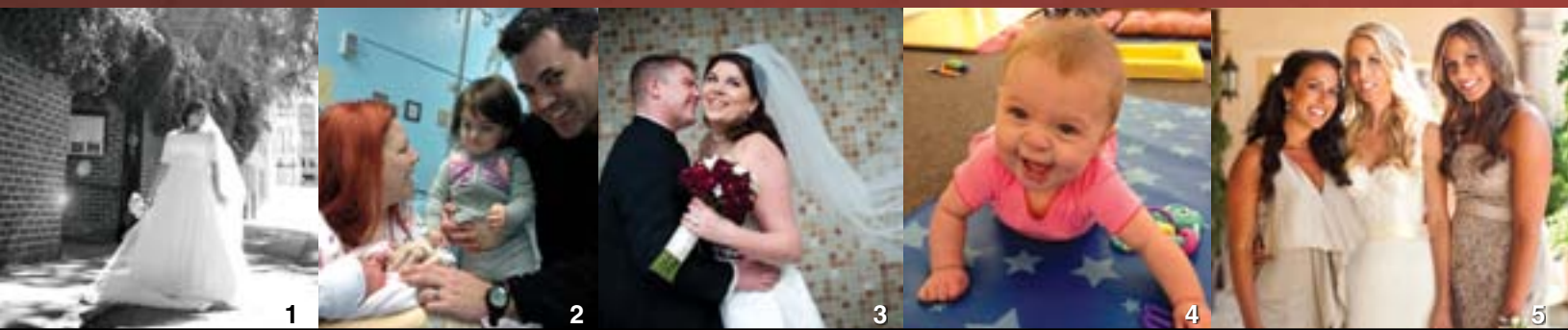
– Hannah Gonzales

**On the St. Francis MUN team Hannah and her teammates learned and debated extensively about both African and Middle Eastern women's issues, among other topics, in their representation of countries including Cameroon, the Islamic Republic of Iran and Afghanistan.*

"ST. FRANCIS'
MODEL UNITED
NATIONS TEAM
TAUGHT ME AN
ENORMOUS AMOUNT
ABOUT MYSELF AND
MY VALUES."

– KRISTEN CICHOCKI

ALUM UPDATES



ALUMNAE ASSOCIATION MISSION STATEMENT

To promote and sustain the traditions and unity of St. Francis High School among its alumnae and to develop and share financial support and individual resources for the benefit of the St. Francis High School community now and in the future.

BOARD OF DIRECTORS

Kat Haro '03
President

Erin McGuire '95
Vice-President

Maura Twomey '77
Secretary

Tracy Grech Clark '78
Past President

STANDING COMMITTEE CHAIRPERSONS

Erin McGuire '95
Community Service & Student Activities

Jennifer Perez Blackburn '91
Education & Speakers Series

Kristi Arnold Foy '87
Parents Guild Liaison

1990s

Megan McCook '92 and her husband Jonathan Silverman welcomed their son, Sam Cosimo Silverman on January 16th, 2013. They live in Florence, Italy and work for Williams-Sonoma Inc.

Tera Carson Lewis '93, an officer in the Sacramento Police Department, was among seven SPD employees honored with a Distinguished Service Award at the May 2012 Commendation Awards Luncheon. Tera and the other members of the East Area Problem Oriented Policing (P.O.P.) Team developed the Community Against Sexual Harm (C.A.S.H) program, which employs former prostitutes at its Oak Park drop-in center. Through the variety of services provided by the center, hundreds of women have found the strength and resources to leave prostitution. This program has played a significant role in reducing the crime of prostitution in Sacramento and its negative effects of loitering and drug-related activity.

Nikki Van Noy '95 published her book, the authorized biography, *New Kids on the Block: The Story of Five Brothers & A Million Sisters*. For more info on the book, go to NKOTBAndUs.com. Nikki is also the author of *So Much to Say: Dave Matthews Band—Twenty Years*.

Rene Luna Mitchell '96 married Robert Mitchell (Del Campo '94) on Friday October 5, 2012 at Courtyard D'Oro in Old Sacramento, followed by a reception at the Dante Club in Sacramento. They met 15 years ago working at Togos Eatery on Arden Way, lost touch, found each other a decade later, and picked up right where they left off. Rene's mother made her beautiful wedding dress, and the day couldn't have been more perfect! They live in Sacramento and can't wait to see what the future holds. **1**

Dr. Tina Keller Guerra '97 and husband JJ have two beautiful daughters, Grace Kathleen (19 months) and Amelia Jean (born January 9, 2013). Tina and her family live in Japan where she is stationed in the Navy for two years. **2**



Emily Vellanoweth Ingistov '97 and her husband Andre welcomed their son, Oliver Michael on October 15th, 2012 at 8:00AM in Los Angeles. He was born at 7 pounds 1 ounce and 20.5 inches and is doing very well.

2000s

Cindy Pierson McBride '00 and her husband, Kevin, were married on February 19, 2011 and welcomed son Kyle McBride on April 11, 2012. **3**

Sandy Pierson Whaley '00 and her husband, Ryan, welcomed daughter Giannina Marie Whaley, born June 11, 2012. **4**

Courtney Jacobs '01 married Peter Leibman in a ceremony at the Montage in Beverly Hills, California. Her sisters, **Jenn Jacobs Phillips '00** and Katherine Jacobs were by her side. Other SF alums included **Lindsay LaSalle '00** and **Hannah Mohr '06**. **5**

Gina Rizzardo '01 and Aaron Prchlik were married July 21, 2012 in Saint Rose of Lima Catholic Church in Roseville, California. Class of '01 guests in attendance included **Jamie Kale**, **Sarah Varanini** and **Michelle Siebal**. **Amy Morandi Camacho '01** was a member of the wedding party. Gina and Aaron, both civil engineers, worked together on the San Francisco-Oakland Bay Bridge reconstruction project in Oakland, California and in Shanghai, China. They currently make their home in Pleasant Hill, California. **6**

Brooke Broms '02 and husband Kip Hajjar welcomed their first child, Savannah Nicole, born January 20, 2012. They live in Del Mar, CA and own their own car business. **7**

Arianna Raymundo '03 deployed to Afghanistan in July 2012 to serve as a Project Engineer for the US Army Corps of Engineers' Afghanistan Engineer District. Arianna has been working for the USACE for over four years now and decided to take up the 'adventurous' position while the timing was right. It was a tough decision to leave her family and friends to go overseas, but the experience so far has been very rewarding.

Adrienne Manuel Pendleton '03 and James Douglas Pendleton married in a patriotic ceremony June 30, 2012 in Madison, IN. The Groom is a 2002 graduate of Indiana University and works for UPS in Louisville. Adrienne started law school last fall at Ohio Northern University in Ada, OH. **8**

ALUM UPDATES



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Katelyn Rose Knapp '04 received her Juris Doctorate from Whittier Law School in Costa Mesa, California, on May 12, 2012. She specialized in Intellectual Property Law, was a senior member of the Journal of Child and Family Advocacy and an officer in the Environmental Law Society, and earned a CALI Excellence for the Future Award. She continues to reside in Orange County. **9**

Colleen Callaghan '06 and **Taryn Wright '06** traveled around Europe together this summer to Germany, France, Italy, and Greece. It was an amazing trip! **10**

Rachael Klier '06 graduated from UC Santa Cruz with a BS degree in Environmental Geology. She spent one year working as a research assistant for one of her professors and has recently been accepted to attend graduate school at UCSC to do research in geophysics. **11**

Since graduating in 2006 **Katrina Stumbos** has spent time in Sonoma and San Luis Obispo and eventually found herself back in Sacramento. At that time she began her interior design education at The Art Institute - Sacramento and before graduating landed a job with an internationally recognized interior design firm based in Sacramento. She has since fulfilled her childhood dream of opening her own interior design firm, Four Design. Four Design specializes in the four aspects of design Katrina loves most; commercial, residential, lifestyle and event. The name is also a nod to her three sisters, the youngest of which is a current senior at St. Francis and the other two alumnae themselves. She resides in Sacramento and is busy nurturing her busy career!

Alexis Arnold '07 received her M.A. in Communication from Stanford in June, and then moved right on to the next adventure! She traded the calm of Palo Alto for the hustle and bustle of the Big Apple, where she is earning a Fashion Marketing degree at Parsons The New School For Design (yes, the one on *Project Runway*). It's a very different lifestyle, but she is loving every "New York Minute" of it so far!

12 *Alexis at Bergdorf's 111th Anniversary Celebration during Fashion's Night Out.*

Sarah Couch '07 graduated cum laude from Sacramento State in May with a double major in English Literature and Film Studies, and is continuing towards her MA in English at Sacramento State. Sarah is currently the Scholarship Chair for Phi Sigma Sigma and the Director of the Office of Governmental Affairs for Associated Students, Inc. (ASI), where she has worked for four years, advocating for higher education at a local, state and federal level. She was recently awarded the "Students First" Award within ASI, a high honor designating her dedication to student success. She's also a member of Sac State's General Education Honors Program, Sigma Tau Delta (English Honors Society), Phi Kappa Phi (General Honors Society), and the Student Alumni Association, of which she was the inaugural president. Sarah is a finalist for the student trustee position on the California State University Board of Trustees, which oversees regulation and decides policy regarding the CSU.

Alexandria Martin '07 graduated from the University of Arizona's Eller School of Business and has been working for American President Lines, an International Global Container Transportation and Logistics company. She has since been relocated from Arizona to Kansas City, Missouri where she will be in Outside Sales as an Account Manager. St. Francis laid a solid foundation and prepared her for college and for her professional career. Alexandria would encourage the young women at St. Francis to push their limits and try studying abroad and moving out of state because it was has opened so many new and exciting doors for her. **13**

Sarah McCarthy '07 graduated from UC Davis with honors, B.A. in music with an emphasis in ethnomusicology (a track she created) in June 2011 and will be attending Stanford University for five years for her Ph.D. in Musicology starting in fall 2012.

Shelby De La Mora '07 graduated from the United States Naval Academy and was Commissioned as an officer in the U.S. Navy with the rank of Ensign on May 29th, 2012. Her service selection was Navy Pilot. She is currently in Navy Flight School in Pensacola, Florida.



JOIN THE SFHS ALUMNAE ASSOCIATION

Please consider joining this special group of alums. All St. Francis graduates are members of the Alumnae Association and are encouraged to serve their fellow alumnae and the school community by sharing their talents, ideas and positive energy! All are welcome to attend the meetings. For more information about serving on the board and meeting dates, please contact the Alumnae Office, alumnae@stfrancis.org or 916.737.5020.

facebook

ST. FRANCIS HIGH SCHOOL SACRAMENTO ON FACEBOOK!

Visit the St. Francis High School website at www.stfrancis.org and click on the Facebook icon. "Like" our page to connect with people and events, see photos and videos, and share your comments.

Catch the spirit!

ALUM UPDATES



12



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14



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UPDATES

We love staying connected and want to hear from you. Visit the alumnae page of the website to update your contact information online and to find out about upcoming events. You can also email your address, email and phone number as well as your updates and digital pictures for future *Pax et Bonum* magazines to:

St. Francis High School
Alumnae Office
alumnae@stfrancishs.org
916.737.5020

ALUMNAE PROFESSIONALS

Be sure to check out our Alumnae Professionals directory on our website at www.stfrancishs.org/alumnae. We would like to see this list continue to grow and encourage your support of fellow Troubadours by using their services. Please continue to send your information regarding your business or services, regardless of location, including your name, class year, business name and type, business location, phone and email.

Contact:
Alumnae Office
alumnae@stfrancishs.org
916.737.5020

St. Francis High School
5900 Elvas Avenue
Sacramento, CA 95819

Cynthia and Sara Brideson '08 have had a tumultuous four years since graduation. After spending two years in college, they left without having completed the degree in History they were working toward. They found the college atmosphere too overwhelming when coupled with the health issues they are still working through. They are almost recovered from anorexia but are still trying to acquire coping strategies to deal with their recent diagnosis of Asperger's Syndrome, a high functioning autism spectrum disorder. On the brighter side, they have kept busy volunteering their time socializing cats at the SPCA and working to expand the KOH Library programs at Mosaic Law, their synagogue in Sacramento. As well as selling and accepting private commissions for their artwork, they have been successful in their desire to become writers. Their first book, called *Also Starring: 40 Great Supporting Players from Hollywood's Golden Age 1930-1965*, will be published by BearManor Media in 2013. They are busy at work on more writing projects and thank their teachers at St. Francis for teaching them the wonderful research skills necessary to write non-fiction! **14**

Marie Byrnes '08 recently graduated from the University of California, Santa Cruz with a BA in Film & Digital Media with an emphasis on Production. She was also a recipient of a 2012 Porter Fellowship in Film & Digital Media. She is currently an Editor in the Animation Department of Cosmic Toast Studios in Burbank, California.

Jenna Gilbert '08 graduated in four years with honors from Fresno State University in May 2012. She received her BA in Communications with an additional Certificate in Business Professionalism. While at Fresno State, Jenna was on the Honor Roll and Dean's List for the duration of her college career. In her final semester, spring 2012 with a 4.0 GPA, Jenna was initiated into Lambda Pi Eta, a National Honor Society for Communications for her outstanding academic excellence and dedication. This is a lifetime recognition. Upon graduation, Jenna was offered a sales position with a technology systems company in San Francisco. Jenna is thrilled about her new career in the Bay Area and is enjoying life to the fullest. **15**

Dana Knudsen '08, after playing volleyball for Santa Clara, transferred to the University of Minnesota in her senior year to play for the Golden Gophers of the Big Ten Conference, ranked top 10 in the nation, for a chance at a national championship. Her team ended up 5th in the nation. In 2012, she graduated with Honors from Santa Clara University Business School with a BS in Commerce Marketing and a minor in Ancient Studies and Languages and will finish her Master Degree in Sports Marketing from University of Minnesota in May. Dana then plans to play volleyball professionally in Europe, either in Germany or Italy. She has also been invited to try out for the USA National Team at the Olympic Training facility in Colorado Springs in February. Dana still wears her SF letterman jacket with the State Championship patch!

Rebekah Lucien '08 graduated from Stanford University in May 2012 with a degree in Human Biology. During her time at Stanford, she helped create a mentoring program called The Phoenix Scholars, which helps high school students from low-income backgrounds through the college application process, and volunteered with Stanford Hospital's Teen Health Van, which provides free healthcare to uninsured adolescents. Eager to serve others through healthcare, she applied to medical school during her senior year and has started her first year at the Perelman School of Medicine at the University of Pennsylvania. She wishes all the best to the St. Francis Alumnae and extends a congratulations to the 2012 graduates.

16 *Rebekah Lucien at her Penn Med white coat ceremony, signaling the start of medical school.*

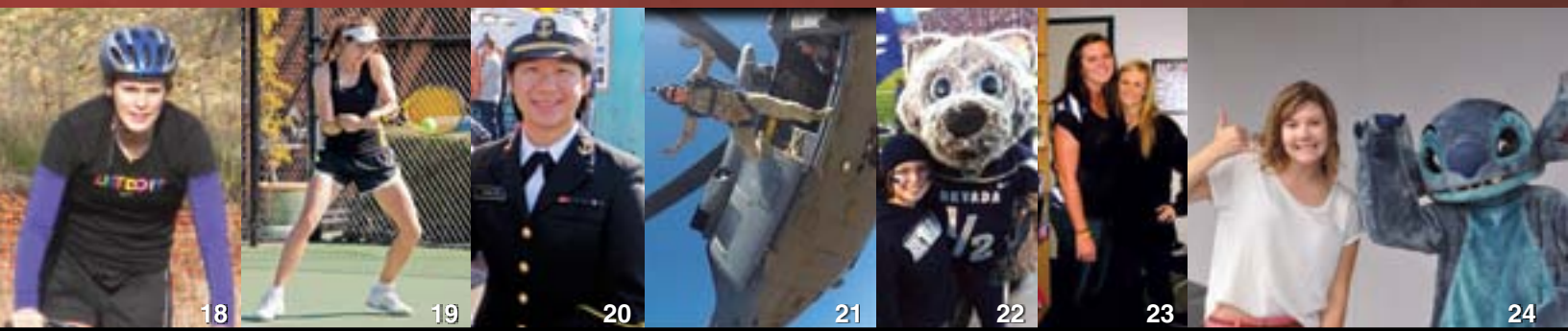
Kelly De La Mora '09 recently returned from a year of Study Abroad in Florence, Italy. Utilizing her art history knowledge (thank you Mr. Romo!), she traveled throughout Italy as well as Germany, Ireland, Spain, and the UK. She begins her senior year at Sonoma State University this Fall. **17**

Molly Klier '09 is a senior at the University of Portland working toward a BS degree in Civil Engineering. She played collegiate soccer at UP for two years before deciding to focus on academics. After graduating next spring, she plans to work for a firm specializing in the design and construction of green/energy efficient buildings. **18**



The wedding of Alyssa Felix Thayne '07: Melanie Hillquist, Evelyn Felix, Alyssa Felix Thayne '07, Allison Van Kessel, and Sarah McCarthy '07.

ALUM UPDATES



Gaby Verspieren '09 was recognized as ITA National Scholar Athlete at Dominican University of California. The women's tennis team was named to the 2012 Intercollegiate Tennis Association's NCAA Division II Academic All-American list. Gaby also was named second team Pacific West Conference in May. She is a Biological Sciences major. **19**

2010s

Alex Chan '10 is now entering her junior year at the United States Naval Academy. She is majoring in history and plays for the Naval Academy Softball team. Alex made the Superintendent's list the past two semesters (the highest honor roll you can get at the academy). During the summers she enjoys training, which has included sailing into New York City on a 44 foot sailboat, spending a month on a ship out of Norfolk, spending three weeks sea kayaking in Alaska, and spending a week each with the Marine Corps, an aviation squadron and on a submarine. Upon graduation and commissioning Alex intends to become either a Surface Warfare Officer or a 2nd Lieutenant in the Marine Corps. **20**

Lizzy Fahey '10 participated in the Campus Ministry Leadership Institute as part of the Spring Hill College team. **Lizzy** and **Christina Fahey '09** were counselors at Camp Pendola again last summer. Christina studied abroad in Cork, Ireland last spring and returned to Loyola University Maryland for her senior year in the fall. She is majoring in Actuarial Science.

Erin Rost '10, now Cadet 2nd Class Erin Rost at the US Air Force Academy, was selected into the United States Air Force Academy Parachute Team. She has completed an extremely demanding course and is now a member of an elite group - "The Wings of Blue." The Air Force recognizes her as a Cadet Jumpmaster and instructor for Airmanship 490, the Basic Freefall Parachuting Course, the only unassisted first-jump free fall course in the World. Erin has demonstrated the skill, sound judgment, and maturity to meet the challenge of such awesome responsibly. Erin has made over 350 jumps to date; her highest jump has been at 19,000 feet. **21**

Alyssa Evelyn Ansell '11 is attending St. Mary's College of California as a sophomore and double majoring in English and Spanish. She is working at Starbucks in Moraga as a Barista.

Kyra Edwards '11 is a student at the University of Nevada, Reno, majoring in "Wildlife Ecology and Conservation". **22**

Sydney Johansen '11 had an exceptional freshman year swimming for Boise State University. She was one of 58 freshman swimmers to qualify for NCAA National Championship and earned honorable mention All-American for swimming on the Broncos' 200-yard freestyle relay team. Sydney earned five medals and broke six school records at the 2012 Mountain West Championships and won conference title in the 200 IM.

23 Sydney and Jessica Poelman '11

Jolise (Jojo) Limcaco '11 averaged 22.3 points in three wins for the Menlo College basketball team in early December 2012, earning her honors as the Cal Pac women's basketball player of the week (11/26-12/2). "The 5'6" sophomore guard pumped in 27 points on 11-of-15 shooting from the field as the Oaks blasted Dominican, 83-63. Limcaco then scored 20 points in back-to-back home wins over Johnson & Wales (96-67) and Cal State San Marcos (71-55), while shooting a blistering 65.8% from the field, including making 9-of-17 from beyond the arc. She also pulled down 4.3 rebounds per game in the three wins and dished out 19 assists (6.3 per game)."

Aneesha Baliga '12: In October 2012 Columbia University's women's crew team was among the entries of eight-oared shells in the 44th running of the world's largest regatta, the Head of the Charles. Seeded 22nd, the women finished 11th, the finest performance ever for a Columbia Women's eight at the regatta. As stated on the gocolumbialions.com website, "That they navigated the often-challenging Charles River course so well was a tribute to first-year coxswain Aneesha Baliga. Appearing in her first collegiate race ever, and possibly her first on the Charles, Baliga took charge of her boat of veterans and piloted them through crowded waters. 'She's just a 17-year old coxswain, in a boat of upperclassmen,' [Coach Scott] Ramsey said. 'She steered an excellent course.'" During high school Aneesha participated in crew and was a fourth place finisher in the lightweight four at the 2011 National Championships, won a gold medal at the 2011 Head of the American in Northern California, and was a silver medalist at the 2012 Southwest Regional Junior Rowing Championships in the lightweight four.

Kaitlin Lathrop '12 attends the University of San Diego and is studying Marine Biology.

24 Kaitlin and Stitch at Disneyworld where she received some very good surfing tips from Stitch!

HELP BUILD OUR SFHS PHOTO ARCHIVE

Do you have photos of some of your special moments at St. Francis? Have some fun digging through those boxes of memorabilia and pick out some of your favorites. We invite you to scan them (at minimum 300dpi) and email them to alumnae@stfrancishs.org. Please include approximate date, details of the event, and names of people in the photo to the extent possible. Add your personal comments! We're gearing up for the celebration of SFHS's 75th anniversary by creating an online photo archive that our schoolwide community will be able to view. We'll be sure to share some on Facebook, too!



SF alums gather for the wedding of Peter Zilaff and Jillian Haney on June 16, 2012 at Lake Tahoe. Caitlin Mansfield '07, Kristen Mansfield '11, Joan Kitlas Dillon '76, Barbara Hill Caselli '71, Kimi Zilaff Hanson '73, Carla Zilaff '01, Adrienne Schaaf DeFazio '73.

ALUM UPDATES



CLASS OF 1971 MINI-REUNION

by Ann Marie Perry Faires '71

Members of the St. Francis graduating Class of 1971 gathered for the weekend at one of our classmates' homes in Mendocino. The weekend began with lunch at St. Francis. Several of the girls hadn't been back on campus since graduation. They were very impressed with the renovations, since it is very different from when we were there. After we finished lunch on campus, we caravanned toward the coast for a long three day weekend of rest, relaxation, and laughter. Once we arrived at the hilltop home we were graced with a picturesque view of the Pacific Ocean and the weather couldn't have been more cooperative. We spent our days walking along the beach, picnicking, sharing grandchildren stories and reminiscing about the good ol' days at St. Francis. At the end of our mini-reunion, we all agreed that we are blessed with Troubie spirit. It is a spirit of sisterhood and sense of community that bonds us together for a lifetime.



Barbara Hill Caselli, Ann Marie Perry Faires, Jill Matranga, Francie Ivanovich Heim, Barbara Peterson

TEREZ TAYLOR '03

March 9, 2009 was the day my life changed forever. Prior to this day, my life was pretty good. I had my Bachelor's Degree in Business Real Estate and Land Use Affairs, finished an internship with Remax Gold, and was working on getting a broker's license. All of that changed within a day. One moment I was sitting in my car in a parking lot and the next I was in the ER of a hospital unable to move a single limb. Doctors concluded that I had suffered a stroke in my spinal cord, due to a rare blood disorder. I spent the next three months in a hospital, fighting for my life. The entire time I was thinking, "What am I going to do now? Will I ever be the same?" I have spent the last three years wheelchair bound unable to care for myself. I haven't shared my story because I didn't want anyone to see me differently than how I used to be. Recently, I started watching a television series called *Push Girls*, a reality show about girls who live their lives in wheelchairs pushing through life's obstacles with a positive attitude. They inspired me to share my story and show that anyone can overcome any situation with a positive outlook on life. Today, I'm in intensive exercise therapy at a place called Sci-Fit, where they specialize in training people with a spinal cord injury. With the help of my loving family and friends, I live my life and work hard in hopes of walking again someday. I hope to inspire people to work hard and never give up on their dreams. ❖

REMEMBERING SUSIE FOX McGRATH '90

Susie Fox McGrath died peacefully in her sleep at her home in Novato on December 10, 2012. Those of us who loved her are left with memories of her contagious laughter, her beautiful smile, her unwavering loyalty, her impressive intelligence and her passion for fashion. Susie graduated from St. Francis in 1990 and went on to earn a degree in Textiles and Clothing from UC Davis in 1994. Two years later she graduated from Sacramento State University with a Master's Degree in Business Administration and earned her CPA license. Susie moved to San Francisco where she went to work for Deloitte and Touche. During this time she met and married the love of her life, Dylan McGrath. They had two beautiful boys together, Colin (9) and Sean (5). Susie was a devoted, fun, loving mom who loved spending time with her family. Through them, her spirit will live on forever.

We shared almost three decades of fun and friendship. We take comfort in the memories we shared and feel so blessed to have called her our friend all these years. We are better for the ways she touched us and for her imprint on our lives. Thank you, Susie, we will miss you always.



The Class of 1990

REUNIONS

CLASS OF 1952 • 60 YEAR REUNION

The Class of 1952 celebrated its 60th reunion on a beautiful sunny day in Apple Hill. We had a good time visiting, catching up and enjoying a buffet lunch in a garden. Those in attendance were: Nancy Williams, Waldtraut Schulte-Grewe, Shirley Lewis Greco, Mary Ann Mason Stewart, Sister Dorothy (Loretta McCormack), Shirley Leventon Brown, Sandy McKinley Burrell, Rosemary Caughey Judd,

Joan Hawkins Hutchings, Karen Lagergren Fitch, Beverly McCoy Westbrook, Ramona Risse Youngerman, Clare Heffernan Callaghan, Virginia Corbett Fowler, Noralee Messner Haversack, and Barbara Wakefield Goyette. Three daughters and two husbands were also there. We had a very successful turnout, and everyone had a great time in picturesque Apple Hill! ❖



IT'S REUNION TIME!

If you have graduated in a year that ends with a 3 or an 8, this is your year for a Reunion.

Contact:

St. Francis High School
Alumnae Office
alumnae@stfrancishs.org
916.737.5020

UPCOMING REUNIONS

Graduates of 1968... We are having our 45th Reunion! We're gathering for a casual picnic lunch at East Portal Park near the bocce ball courts on Saturday, October 2nd from Noon until 3:00PM. Bring your own lunch and drink. If you wish to continue visiting, join us for Happy Hour at Chargin's Bar and Grill at 49th and J Street. Hors d'oeuvres will be provided. Contact Teenie Belluomini, 775.786.8889 or Sandy Derr, taxwoman@yahoo.com. Women only please.

CLASS OF 1972 • 40 YEAR REUNION CLASS OF 1977 • 35 YEAR REUNION

The class of 1972 had its 40th Reunion on the SFHS campus November 10th, 2012. The graduates reminisced about the years they spent in Serra Court, and got to see how gorgeous the campus is with the renovations. Everyone had a great time catching up and enjoying a beautiful meal on the lovely fall day at St. Francis! ❖

On September 29th, the graduating class of 1977 gathered for a fabulous evening with 35 classmates and an additional group of husbands, significant others and friends. Everyone enjoyed being able to catch up and celebrate our 35th reunion. We celebrated at Campus Commons Nepenthe Clubhouse. Thanks to the great committee, who planned such an awesome evening. ❖



JOIN US!

Alumnae Luncheon
April 18, 2013
11:30AM - 2:30PM
\$75 Per Person

Westin St. Francis Hotel
in the St. Francis Suite
335 Powell Street
San Francisco

Contact:

Tracy Beckwith
tbeckwith@stfrancishs.org
916.737.5033

Online reservations:

www.stfrancishs.org/alumevents

CLASS OF 1992 • 20 YEAR REUNION

On November 3rd, the class of 1992 celebrated its 20th reunion at St. Francis High School. We celebrated in the CLC (formerly the library) with over 65 classmates and spouses. Cocktail hour and heavy appetizers were followed by a DJ and dancing. It was great to catch up and see so many friends. We had a very successful turnout, and everyone had an amazing time dancing like we were back in the old St. Francis gym during a Homecoming dance! Thanks to the planning of the committee and the cooperation of the staff at St. Francis, everyone had a fabulous time! ❖

CALENDAR

APRIL

HENRIETTE DOGLIETTO ART SHOW

Opening: Wednesday, April 10, 2013, 4:00 to 7:00PM

Please join students, teachers, administrators and friends at this special evening's culmination of the many accomplishments of the visual artists at St. Francis. This wonderful show is run by the SF Gallery Club. For more information, please call Elizabeth Danielson, 916.737.5002. Admission is free.

ALUMNAE LUNCHEON

Thursday, April 18, 2013, 11:30AM to 2:30PM

Westin St. Francis Hotel in the St. Francis Suite, 335 Powell Street, San Francisco, CA. \$75 per person. For more information, contact Tracy Beckwith, tbeckwith@stfrancishs.org, 916.737.5033.

MOTHER DAUGHTER FASHION SHOW

**Saturday, April 20, 2013, Luncheon: 12:00PM,
Gala Dinner Show: 6:30PM**

A wonderful St. Francis tradition for students of all grade levels and their mothers or mother figures. Information and online registration available at www.stfrancishs.org. This fun annual event needs your time and talent. For more information, please contact Melissa Deiro, Advancement Associate for Events and Annual Fund, mdeiro@stfrancishs.org, 916.737.5017.

24/24/24 ONLINE FUNDRAISER

Wednesday, April 24, 2013

This spring we are introducing a new concept to unite our widespread online community in supporting St. Francis through 24/24/24 - Give A Little Bit!! We ask all supporters to give \$24 (or more) in 24 hours on April 24. This "crowd funding" opportunity allows for relatively small contributions to be coupled with hundreds to thousands of other donations for a large cumulative impact. Similar online giving events have garnered \$40,000 to millions of dollars for the benefiting organization. For more information, please go to www.stfrancishs.org/242424. This will be the same portal that will become live at the stroke of 12:00PM on April 24, 2013 to facilitate secure online giving. Spread the word! For more information, contact Tracy Beckwith, tbeckwith@stfrancishs.org, 916.737.5033.

For more information on Alumnae events,
visit www.stfrancishs.org/alumnae.

MAY

BOOSTER CLUB GOLF TOURNAMENT & SPRING SOCIAL

**Thursday, May 9, 2013, 2:00PM Shotgun,
Land Park Golf Course**

Pull out your clubs and put on your argyle socks! On May 9th the SFHS Booster Club will hold its annual golf tournament with a new twist. The emphasis will be on fun and the play will be shorter - 9 holes - at Land Park Golf Course. After the round, golfers will be invited to participate in the inaugural *Shoot Out Under the Lights* that will be held along with a casual, open-air post party featuring food and beverage provided by the famous Booster Club bartenders and grill masters! The post-party will be open to all supporters of the school and will include music. Registration details are posted on www.stfrancishs.org.

ALUMNAE NETWORK LUNCH

**Wednesday, May 15, 2013, 11:30AM to 1:30PM,
Lucca Restaurant**

For more information, contact Tracy Beckwith, tbeckwith@stfrancishs.org, 916.737.5033.

ST. FRANCIS HIGH SCHOOL



SAVE THE DATE!

Alumnae
LUNCHEON

April 18, 2013

11:30AM - 2:30PM

Westin St. Francis Hotel
in the St. Francis Suite
335 Powell Street
San Francisco

\$75 Per Person

Contact: Tracy Beckwith
tbeckwith@stfrancishs.org • 916.737.5033

www.stfrancishs.org/alumnae

SING TO THE LORD, ALL CREATURES!
 WORSHIP GOD WITH YOUR JOY;
 PRAISE GOD WITH THE
 SOUND OF YOUR LAUGHTER.
 KNOW THAT WE ALL BELONG TO GOD,
 THAT GOD IS OUR SOURCE AND OUR HOME.
 ENTER GOD'S LIGHT WITH THANKSGIVING;
 FILL YOUR HEARTS WITH GOD'S PRAISE,
 FOR GOD'S GOODNESS
 IS BEYOND COMPREHENSION
 AND GOD'S DEEP LOVE ENDURES FOREVER.
 PSALM 100

THE ST. FRANCIS HIGH SCHOOL
 COMMUNITY MOURNS THE LOSS OF
 THE FOLLOWING ALUMNAE & FACULTY:

- Patricia Zack Dove '44
- Betty Madone Dahl Rohrer '46
- Mary Jo Pegenaute Brennan '47
- Lois Jean Garcia Riley '49
- Joan Hawkins Hutchings '52
- Donna Lee Colbert Clark '53
- Teresa Wing Dempster '54
- Lorraine Risse Helm '55
- Roberta Webdell Frayne '55
- Sue Koch Hoagland '60
- Maryanne Beeler, SJS '70
- Kathleen Wright Harvey '73
- Renee Dias Ferdinand '78
- Marilyn Annette Taormina '78
- Susie Fox McGrath '90
- Lois Olavarri, SFHS English Department
- Kathy Carlisle, SFHS Art Department

ST. FRANCIS HIGH SCHOOL
 MEMORIAL AND TRIBUTE PROGRAM

Contributions in honor or memory of a loved one go directly to the St. Francis High School Scholarship Fund, providing financial assistance for students. Your gift will be recognized in the *Pax et Bonum* Annual Report edition in the fall. Remembrance cards are sent to the family as requested, with no donation amount mentioned.

In honor of _____

Occasion, if applicable _____

In memory of _____

Please send remembrance card to _____

Address _____

DONOR INFORMATION

Your name(s) _____

Address _____

Phone Number _____

E-Mail Address _____

Donation to Scholarship Fund \$ _____

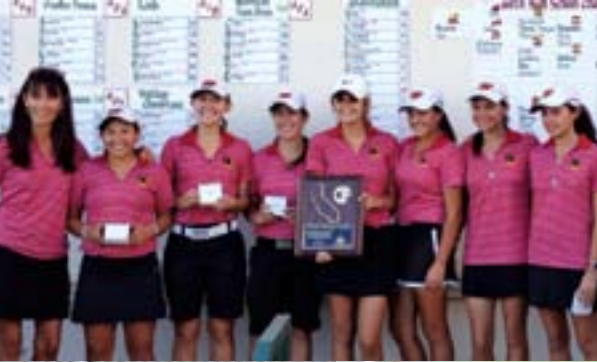
Send to: St. Francis High School • 5900 Elvas Avenue • Sacramento, CA 95819



St. Francis
CATHOLIC HIGH SCHOOL

5900 ELVAS AVENUE
SACRAMENTO, CA 95819

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FALL SPORTS 2012



CROSS COUNTRY

Took 2nd place at the State Championships, becoming the first Northern California school in Girls Division I history to place in the top 3. Seven girls on the team were then invited to participate in the Nike Cross Nationals meet in Portland, Oregon on December 1. The roadrunning Troubies are also the Sac-Joaquin Section and Delta River League Champions for 2012.

GOLF

Placed 6th at the State Championships after qualifying as the 2nd place team at the Northern California Championships and winning the Delta River League Championships. Also won the Sac-Joaquin Divisional Section Championship and the Sac-Joaquin Masters Section Championship.

TENNIS

After earning the Co-Championship of the Delta River League, the Troubies advanced all the way to the Semi-Finals of the Sac-Joaquin Section.



VOLLEYBALL

The Troubadours won the Northern California Championship game as well as winning the Sac-Joaquin Section and Delta River League Championships. The Troubies placed 2nd at the State Championship game in Irvine on December 1.



WATER POLO

The Troubies advanced all the way to the SJS Championship game, losing to Davis by one goal in the waning seconds of the game. They finished 2nd in the Delta River League.